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ARGENTINA'S MESSI-ANIC COMPLEX

SUPERSTAR STRIKER SCORES TWO IN 3-2 WIN OVER NIGERIA TO ADVANCE TO THE NEXT ROUND, SWISS ADVANCE WITH 3-0 WIN OVER HONDURAS AND FRANCE MAKE IT THROUGH WITH A DRAW AGAINST ECUADOR PAGE 34

Letters home ... in haiku form

A summer camp that'll kindle the creative flame in your young wordsmith PAGE 21

Buddy flick or act of war?

Seems Kim Jong-un's steamed up about new Rogen/Franco movie The Interview PAGE 10

NO HAIR BANDS

LIVE 88·5 FM

Hockey scrapped amid scandal

University of Ottawa president Allan Rock announces that the school's varsity hockey team will be suspended for the 2014-15 year on Wednesday. LUCY SCHOLEY/METRO

U of O president slams misconduct.

2014-15 men's season suspended, coach fired after investigation

LUCY SCHOLEY
lucy.scholey@metronews.ca

The University of Ottawa has suspended its men's varsity hockey program for the entire 2014-15 season and fired the team's coach after an internal investigation into allegations of a gang sex assault by players on a tournament trip to Thunder Bay.

University president Allan Rock would not divulge the details of the internal report during Wednesday's announcement, as there's a separate police investigation.

"We know enough to say, what happened there was unacceptable," he said.

However, the university did release a report of recommendations to improve school varsity sports, including updating the coaching handbook and conducting an annual review of all guidelines on athlete behaviour.

Rock said the coach was not involved in the alleged incident, but he had tried to discipline those students on his own.

Thunder Bay police say they've completed their investigation into the Jan. 30 to Feb. 2 incident, are reviewing the case with the Crown and expect to make an announcement "of some sort in coming weeks."

Anne-Marie Roy, president of the Student Federation of the University of Ottawa, said that she's happy the university is changing its policies but that more needs to be done to address rape culture on university campuses.

"I don't think that what's happening with the hockey team at the University of Ottawa is an isolated case," she said, adding that the vast majority of sexual assaults are unreported.

The University of Ottawa and the student federation have each implemented a task force that's looking into rape culture on campus.

The school also suspended the men's hockey team last semester following news of the incident.

WITH FILES FROM TREVOR GREENWAY AND SEAN MCKIBBON

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Give coach who molested nine kids 11 years in jail: Crown

Kelly Jones. Former coach taken into custody as judge deliberates

TREVOR GREENWAY
trevor.greenway@metronews.ca

Crown attorney David Elhadad wants a former Ottawa hockey coach and Scouts leader who molested eight boys and one girl over the course of several decades to spend at least 11 years in jail.

Kelly Jones pleaded guilty to the historic sexual abuse charges dating back to the early 1970s in April and the former coach heard the damage he caused when his victims read their impact statements in court Wednesday.

One victim, who was 11 years old at the time of the abuse, spoke of the troubling life he endured following his young hockey career — a bright youth marred by drug and alcohol abuse, sexual relationship troubles and guilt.

"All of the drugs in the world could not make me forget what he did to me and what he took from me," reads the statement of the man, whose name is protected by publication ban.

"Every time I would see a hockey game, I would come to remember what he stole from me."

The victim went on to say he felt "ashamed, betrayed, violated and guilt," because of the abuse he suffered at the hands of his coach.

During the testimony, Jones sat motionless in a grey plaid collared shirt, with his wife by his side. He often looked down as emotional details were read aloud the court.

'Oversexed' programming

Jones' lawyer Jeffrey Langevin is pushing for a 48-month sentence and argued during sentencing Wednesday that his client has been seeking help for his "oversexed" programming that has plagued him since a young man.

Kelly Jones is seen in his car outside his Riverside South home Oct. 28, 2013. Jones, 57, a former hockey and baseball coach, pleaded guilty to sexually assaulting nine children. The Crown is asking a judge to sentence him to 11 years of jail. His lawyer is asking he get a four-year-sentence. MIKE CARROCCETTO/FOR METRO

Hydro Ottawa given more power to seek other lines of business

Hydro Ottawa CEO Bryce Conrad
TREVOR GREENWAY/METRO

The City of Ottawa has given its electrical utility the green light to invest in other lines of business without their approval, but officials say they won't be getting into the pizza delivery business.

In a 28-page report, Hydro Ottawa CEO Bryce Conrad argues that under the current model, Hydro Ottawa Holdings "would need to obtain the approval of City Council and, potentially, to disclose any current commercially confidential business plans to compete in the newly permitted line of business," and doing so would create a "disadvantage" to the company.

"We operate in a very heavily regulated business and the Ontario Energy Act specifies what we are allowed to do and not do," Conrad told reporters following a city council meeting Wednesday.

"I can't use my trucks to deliver pizza, but it does say that I can get into the business of energy storage."

Hydro Ottawa released its 2013 annual report to council — and with it dropped a $19.3 million dividend cheque to the city.

Hydro Ottawa will also now have just one board of directors rather than two and will now place term limits on board members to ensure the board is always "vibrant and fresh."

"Every time you go into board meetings, it feels really like Groundhog Day — you do one thing in the morning and you do the exact same thing in the afternoon," added Conrad, suggesting that a "streamlined" operation would save money and time.

TREVOR GREENWAY/METRO

Organ transplant activist receives honorary diploma

Hélène Campbell. Next-day organ-donation registrations in Ont. increased 500 per cent the day after her Ellen appearance

DENIS ARMSTRONG
ottawa@metronews.ca

Double-lung transplant recipient and spokesperson for organ and tissue transplants Hélène Campbell received an honorary diploma from Algonquin College's School of Health and Community Studies during a convocation ceremony at Canadian Tire Place Wednesday.

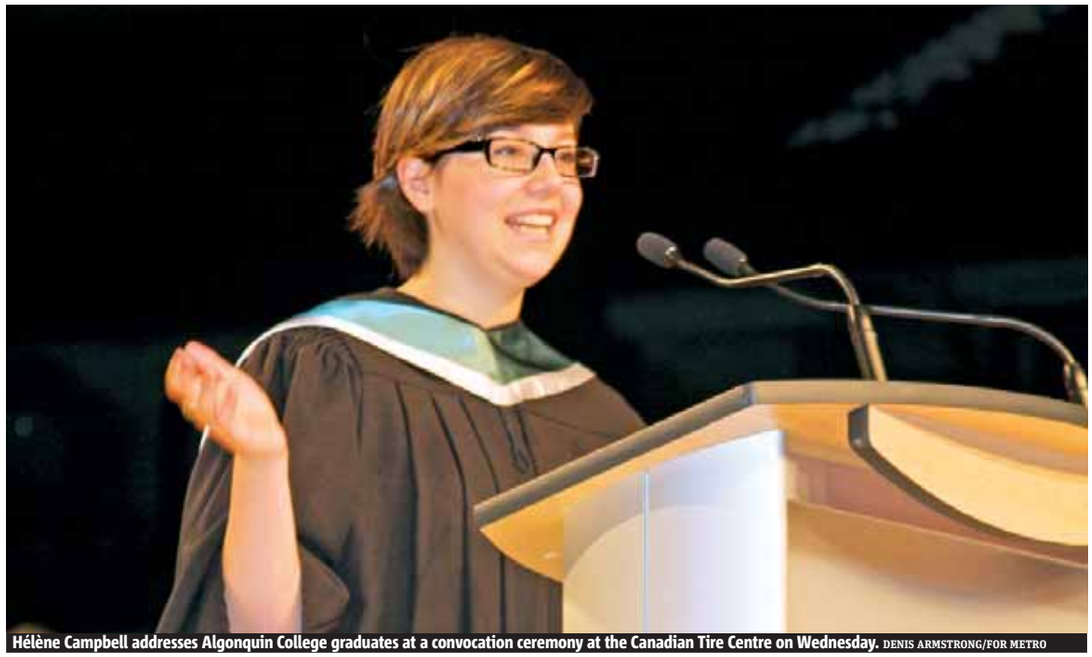
The diploma is given to individuals in the community who have distinguished themselves through their professional careers or who have made an outstanding contribution to the college or the community.

In her personal, and often funny speech to 600 graduating students, the bubbly activist from Barrhaven said that in 2011 she had to shelve her plans to study film after she was diagnosed with idiopathic pulmonary fibrosis and needed a double-lung transplant as soon as possible.

While waiting for replacement lungs, she tweeted her story to pop superstar Justin Bieber and later appeared on Ellen DeGeneres's talk show, where she talked about the need for more organ and tissue donations.

The day following her appearance, organ donation registrations in Ontario increased by 500 per cent.

"I had to put my dreams on hold and was told there were things I couldn't do. But I told them I won't know that if I don't try," Campbell said, adding that she wouldn't have reached out to Justin Bieber if she had listened to the friends who said she shouldn't waste her time.



Hélène Campbell addresses Algonquin College graduates at a convocation ceremony at the Canadian Tire Centre on Wednesday. DENIS ARMSTRONG/FOR METRO

Flaherty's widow running for Ont. PC leadership

Christine Elliott, widow of former federal Finance Minister Jim Flaherty, announces her intention to run for the Ontario PC leadership during a press conference in Toronto on Wednesday. DARREN CALABRESE/THE CANADIAN PRESS

The race for the Ontario Tory leadership kicked off in earnest Wednesday, with deputy party leader Christine Elliott launching her bid, a decision she said her late husband, former federal finance minister Jim Flaherty, would have supported.

Elliott became the first candidate in the running to succeed Progressive Conservative Leader Tim Hudak, who is stepping down following the party's crushing electoral defeat earlier this month.

It marks her second attempt to lead the party — she finished third when Hudak won the Tory leadership race in 2009 — and she said Wednesday that Flaherty wanted to see her succeed.

"I can tell you that it's something that Jim always wanted me to do," she said. "He always wanted me to move forward in whatever capacity presented itself and I feel sure that he would have been happy with my decision."

Elliott entered politics in 2006, winning a byelection in Whitby, east of Toronto, when Flaherty vacated the seat to run federally. It became the first time in Canadian history that a husband and wife represented the same riding at the provincial and federal levels. No byelection has yet been called to fill the seat federally since Flaherty died in April.

She said Wednesday that "there's no question" she had an opportunity to consider running federally, but her heart is in provincial politics.

Elliott, a University of Western Ontario law graduate and co-founder of law firm Flaherty Dow Elliott & McCarthy, married fellow lawyer Jim Flaherty in 1986. Flaherty said in a 2002 interview that his wife considered entering politics before he did, but she put those ambitions on hold when their triplet sons were born in 1991. Flaherty himself twice tried to lead the Ontario Tories, but both his bids in 2002 and 2004 failed. THE CANADIAN PRESS

Five students

School custodian charged with sexual assault

The custodian of an Ottawa elementary school is facing charges of sexually touching several students.

Ottawa police charged 44-year-old Daniel Sabourin, of Smiths Falls, with five counts of sexual interference and five counts of sexual assault. Police say there are five victims linked to the inappropriate touching allegations.

Police also say the school's principal notified them about the sexual assault allegations on March 4. As a result, the custodian had been reassigned to the night duties.

LUCY SCHOLEY/METRO

Renfrew, Ont.

Former teacher gets three years for sexual assault

A former teacher has been sentenced to three years in jail for sexually assaulting two teenage boys decades ago at a military base in Renfrew, west of Ottawa.

Michael Grant Slater, 74, was a teacher at Elizabeth Park School on the former Uplands Military Base when the two assaults occurred in the 1960s and the 1980s.

The Crown had argued for a six- to eight-year prison term for Slater, whom she called a remorseless man.

Slater maintained his innocence even after a jury convicted him in March.

THE CANADIAN PRESS

Cardiac arrest

Man with no vital signs revived

A man who had no vital signs was revived with an automatic public access defibrillator (PAD) at the Ottawa RA Centre. Paramedics responded to a call for a 58-year-old man in cardiac arrest outside the centre Wednesday around 3:17 p.m. A centre staffer was administering CPR while a co-worker used the PAD. Paramedics administered one shock to the patient who then had a return of pulse. The man was taken to hospital in serious condition.

The man is the 76th life saved since the Ottawa Paramedic Service PAD program began in 2001, the service said in a news release. METRO

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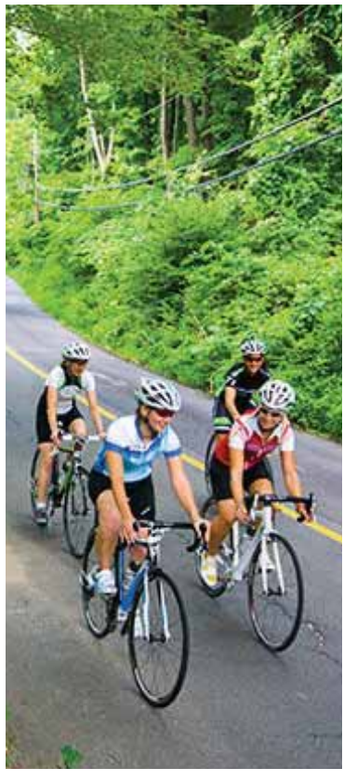

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One of the many amazing First World War photos on display at the National Gallery of Canada is this photo by Fernand Cuville (France, 1887–1927), of Russian Soldiers at the Convent of Les Cordeliers. CONTRIBUTED

Photos capture 'naked reality of war' in National Gallery exhibit

First World War.
New exhibit displays 400 photos, from panoramas of Vimy, to shots of No Man's Land

Photography grew up during the First World War.

You see its growth and development in The Great War: The Persuasive Power of Photography, a new exhibition in the National Gallery of Canada of 400 large and small-scale photographs snapped between 1914 and 1918.

The first part of the exhibition shows the transition from peacetime to war during the summer of 1914. Curator Ann Thomas lulls the viewer into a romantic stupor with a charming slide show of family photos and amateur snapshots of dewy-eyed Victorian lovers and families enjoying time together before heading to war.

The spell explodes quickly in the third chapter, where an exact reproduction of the Grafton Gallery's exhibition Canadian Official War Photographs is reproduced from negatives stored at Library and Archives Canada, and presented almost exactly as thousands of Londoners would have seen it in 1917. The collection includes 48 prints taken by official Canadian war photographer William Ivor Castle and others.

"We want to put the viewers in the shoes of those who saw it in 1917," said Thomas.

From the war room and government offices to the wire and news services, demand for photos from the action was insatiable.

The exhibit includes panoramas of Vimy, aerial shots of No Man's Land from dirigibles, and a rare film of the western front shot from a biplane.

They could be shocking, beautiful, but in the wrong hands, they could be dangerous. Official war photographers from both sides were tightly controlled. The public were never allowed to see their own dead soldiers — only those of the enemy. Still, against strict orders, many soldiers secretly took their own photographs with their Kodak cameras.

"For the first time ever, the public could see the naked reality of war," said Thomas.

The Great War: The Persuasive Power of Photography is on view at the National Gallery of Canada until Nov. 16.

DENIS ARMSTRONG/FOR METRO

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Business grads showcase their enterprises at the Y Biz Expo

At city hall. Trade show a first-time experience for some

AMY YEE
ottawa@metronews.ca

Jade Lafond, of Jade's RoyalTea, left banking to strike out on her own path and be her own boss. AMY YEE/FOR METRO

Excited to do something new, creative and out of the box?

That's the kind of attitude entrepreneurs brought to the Y Biz Expo held yesterday at Ottawa's city hall.

The business exhibitors were all grads of the YMCA's Ontario Self Employment Benefit (OSEB) program, which guides aspiring entrepreneurs through the steps to launch their own business.

For some entrepreneurs the expo is the first trade show they've attended to showcase their business, said Pamela Eastwood, director of the YMCA's enterprise centre.

"It helps them get a feel of what it's like to sell and to promote, have the confidence to be out there and in the public," she said.

David Zhang, director of Green Rideau Environmental Solutions, only registered his business in May but already has everything up and going.

Zhang's business provides environmental assessments for developers, home buyers and sellers and public works agencies.

With 20 years of experience in the industry, Zhang finally chose to open his own company.

"I took my experience and knowledge to open my own business," he said, adding that he wanted to focus on work with individuals rather than the big companies that his previous firm dealt with.

For Jade Lafond, director of Jade's RoyalTea, starting her business was a career change.

Coming from banking, Lafond started her own business last year selling tea and catering tea parties. Recently, the business transitioned to selling medicinal teas.

One of the merits of running your own business, said Lafond, is being your own boss.

"I'm my own boss. I can do what I want, when I want," she said, adding that other jobs don't provide the same flexibility.

"There's only so much you can do with a regular job, while here there's no ceiling."

City approves YMCA reno

Coun. Mark Taylor was an early supporter of the plan. TREVOR GREENWAY/METRO

Thirty families currently living out of motels will soon have a roof over their heads, as city council approved a $1 million renovation project for the Centretown YMCA facility.

The city will contribute $400,000 towards the project, which will convert the YMCA's entire second floor into 30 new residences specifically for families in need.

The residences aren't permanent housing, but transitional lodging to help families get back on their feet.

Bay Ward councillor Mark Taylor said everybody at City Hall was on board with the YMCA's proposal from day one.

"I think we have arrived at a point where everybody universally agrees," said Taylor.

TREVOR GREENWAY/METRO

LGBTQ camping charity

Ten Oaks Project get $20k grant

Ottawa LGBTQ youth camping charity the Ten Oaks Project has won a $20,000 grant from the Canadian Scholarship Trust Foundation as the grand prize winners of the CST Inspired Minds Learning Project competition.

The CST Inspired Minds Learning Project challenged communities and organizations across the country to submit new and innovative ideas to advance the growth and development of children ages 0-10. A total of 16 winners were selected to receive funding from a pool of $100,000.

Celebrating its 10th year of operation in 2014, the Ten Oaks Project funds Camp Ten Oaks — a week-long overnight summer camp for children and youth from LGBTQ communities.

The camp applied for the grant to allow more younger campers (between the ages of 8-10 in particular) to attend. METRO

Palliative care

Charity gets cash from seniors home care firm

The OutCare Foundation is receiving a $16,821.95 grant for purchase and installation of palliative care equipment in the Ottawa area.

The gift will be made on behalf of Home Instead Senior Care, which is owned by Lesley and Mark Sullivan.

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Fake lottery. Greek cops bust two men involved in $50-million scam

Greek authorities say they have broken a massive lottery scam targeting Germans that tricked about 360,000 people into paying to take part in non-existent draws.

A police statement Wednesday said two Greek men have been arrested on suspicion of running the ring, whose illicit earnings allegedly exceeded 36 million euros ($50 million) in nearly four years.

The crackdown came after authorities enlisted the help of German law enforcement. The ring allegedly used illegally-procured lists of German betting company clients, whom they then phoned, offering cash prizes or free holidays in return for a monthly subscription of about 30 euros ($41).

It was unclear why only people in Germany were targeted but the country is much wealthier than Greece. Police said the two suspects arrested Tuesday in Athens were German-born. THE ASSOCIATED PRESS

Brazil

Jealous man kills wife's friend after Facebook chat: Cops

Brazilian police say a Facebook conversation made a man so jealous that he killed and dismembered a friend of his wife.

The Rio de Janeiro police department said in a statement emailed on Wednesday that Anderson Gomes Aleixo grew jealous when he found out that his wife and a childhood friend were chatting on Facebook.

The statement says Aleixo confessed that he forced his wife to invite her friend to their house on June 8, then killed Francisco de Assis Coelho Neves with a knife and dismembered the body. THE ASSOCIATED PRESS

Kim Jong-un assassination movie an 'act of war': N.K.

Kim Jong-un and Seth Rogen THE ASSOCIATED PRESS FILE, GETTY IMAGES FILE

Supreme wet blanket. Government says buddy comedy The Interview is 'provocative insanity'

North Korea is warning that the release of a new American comedy about a plot to assassinate leader Kim Jong-un would be an "act of war."

If the U.S. government doesn't block the movie's release, it will face "stern" and "merciless" retaliation, an unidentified spokesman for North Korea's Foreign Ministry said in state media Wednesday.

He didn't mention the movie by name but was clearly referring to The Interview, which stars Seth Rogen and James Franco as a producer and talk-show host who land an exclusive interview with the North Korean dictator and are then asked by the CIA to assassinate him.

Coming soon

Trailers have been released for the movie, which is set to hit U.S. theatres in October.

The "reckless U.S. provocative insanity" of mobilizing a "gangster filmmaker" to challenge the North's leadership is triggering "a gust of hatred and rage" among North Korean people and soldiers, the spokesman said, in typically heated propaganda language.

The film's release would be considered an "act of war that we will never tolerate," he said.

With no independent press of its own, North Korea often holds foreign governments responsible for the content of their media. Pyongyang regularly warns Seoul to prevent its conservative press from mocking or criticizing its leadership, something banned within authoritarian North Korea, where the Kim family is revered. THE ASSOCIATED PRESS

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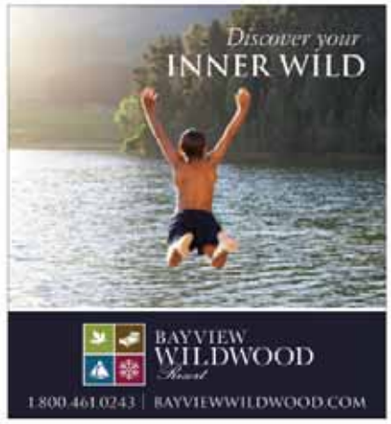

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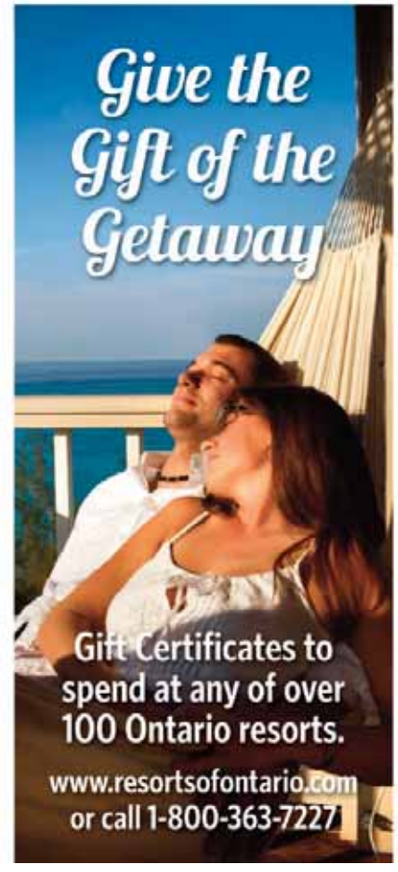

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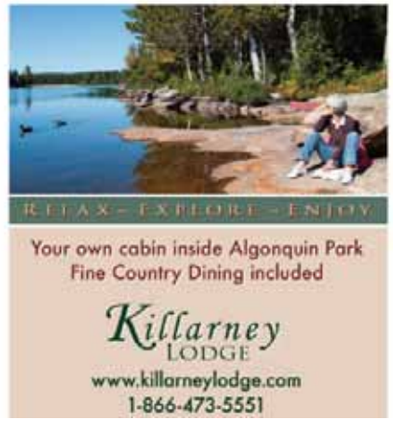

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French doctor Nicolas Bonnemaison, seen here arriving at the courthouse in Pau, southwestern France, on the first day of his trial earlier this month, was acquitted Wednesday of poisoning charges after giving lethal injections to help seven terminally ill patients die. BOB EDME/THE ASSOCIATED PRESS FILE

Right to die gets new lease on life

Euthanasia. French doctor acquitted after helping patients die; U.K. court questions assisted-suicide ban

A French doctor was acquitted Wednesday of poisoning charges after giving lethal injections to seven terminally ill patients, and Britain's Supreme Court said an assisted-suicide ban is incompatible with human rights, fuelling the arguments of those who say the duty of doctors is to end the suffering of those beyond treatment.

Coming a day after France's top administrative court ordered an end to the treatment of a comatose man — a decision later blocked by the European Court of Human Rights — the rulings cast new light on the legal struggle over medical treatments for the terminally ill or patients in vegetative states.

France's president has said he wants to make it easier for some terminally ill patients to request medical help to end their lives. Relatives of Dr. Nicolas Bonnemaison's patients had testified in his favour. The physician's lawyer said he hoped the decision — and Tuesday's rulings in the case of the comatose man — would force the government to act quickly.

The British Supreme Court decision was unexpectedly far-reaching. Although it dismissed the appeal from two severely disabled men who argued the law should be changed to allow doctors to legally kill them, the ruling suggested Parliament change the law to be in line with human rights guarantees.

Penney Lewis, a law professor in London, said the British case and the acquittal of Bonnemaison followed a trend of broadening legal acceptance for euthanasia and assisted suicide.

THE ASSOCIATED PRESS

Quoted

"There are no heroes here, no martyrs. This man acted as a doctor."

Benoit Ducos-Ader, lawyer for Dr. Nicolas Bonnemaison, commenting on the French doctor's acquittal.

Chicago

Council tightens gun-store rules

The Chicago City Council approved 48-0 Wednesday an ordinance that dramatically limits where gun stores can operate and requires them to videotape every purchase to prevent people from buying a gun for someone else.

A January federal court ruling gave Chicago until July 14 to put gun store rules in place.

THE ASSOCIATED PRESS

France. Court upholds firing over head scarf

France's highest court has upheld an appeals court ruling in favour of a nursery school director who fired an employee for wearing a Muslim head scarf to work.

Wednesday's decision closes a six-year legal wrangle between the dismissed employee and the head of the private nursery school.

The case has captured headlines because of potential implications for companies who want to extend a 2004 school ban on Islamic head scarves or a 2010 law banning face veils in the street.

However, the Court of Cassation made clear its ruling doesn't mean France's principle of secularism, which is behind the bans, can be universally applied to private-sector employees.

The court said the nursery's rule forbidding religious displays was "justified by the nature of the tasks."

THE ASSOCIATED PRESS

Centre hosts contest for underwater robots

Tasks. Teams must identify a shipwreck, collect samples from a sinkhole, inventory invasive species and remove trash

Thunder Bay National Marine Sanctuary will host more than 60 teams this week from 18 states and 13 countries for an underwater robot competition.

The 13th annual Marine Advanced Technology Education Remotely Operated Vehicle International Competition takes place Thursday through Saturday. The competition is expected to bring hundreds of people to Michigan's northeastern Lower Peninsula, The Alpena News reported. "These teams are the best of the best in their classes, competing against each other," said Sarah Waters, sanctuary education and outreach co-ordinator. "All the robots are designed differently and each team brings some different skill or design with them to the competition."

An opening ceremony takes place Thursday morning, when teams will be given an overview of the competition and start setting up. Teams will work with their robots in a large tank and judges will be evaluating their performance along with engineering and other factors.

The tank used for the competition holds 2.27 million litres of water. Spectators are encouraged to come and watch teams navigate through the missions on a live feed. An online stream of the competition also is expected.

"This setting gives teams a feel of a ship on the water doing research, and forces them to deal with outside elements," Waters said.

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Cousteau studying Florida Keys reef

Fabien Cousteau (grandson of Jacques Cousteau) waves from inside Aquarius Reef Base, a laboratory 63 feet below the surface in the waters off Key Largo, in the Florida Keys National Marine Sanctuary. A team of filmmakers and researchers dove with Cousteau on June 1 to Aquarius. They've been studying the effects of climate change and pollutants such as fertilizers on the reef. WILFREDO LEE/THE ASSOCIATED PRESS

Bristol University

Ancient artifacts uncovered

Amazing what you can find when you do a good clean out. Bristol University in Britain learned this firsthand when researchers discovered a box containing materials from archaeologist Sir Leonard Woolley's dig of the Sumerian city of Ur tucked away on top of a cupboard. Researchers determined that the box's contents were 4,500 years old. THE ASSOCIATED PRESS

New York City

Stab victim craves fast food

New York City police say a man has been treated for a non-life-threatening injury after walking into a McDonald's restaurant with a kitchen knife stuck in his back. The chief of detectives told reporters that investigators have recovered video of the argument between four men that preceded the Tuesday stabbing.

THE ASSOCIATED PRESS

British Airways

Couple flies to the wrong Grenada

A Washington couple is suing British Airways after they say the airline ruined their vacation by booking them tickets to the Caribbean island of Grenada instead of Granada, Spain. Edward Gamson and Lowell Canaday say in their lawsuit that last fall they wanted to travel from Washington to London and then to Granada, Spain.

THE ASSOCIATED PRESS

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Key to antibiotic resistance in the dirt?

A soil sample from Nova Scotia has yielded a compound that could help fight antibiotic resistance.

Researchers from McMaster University in Hamilton have discovered a fungus that produces a chemical that overrides the antibiotic resistance powers the dangerous NDM-1 gene gives to bacteria.

They liken the compound to an adjuvant, a chemical that enhances the power of vaccines.

Biochemistry professor Gerry Wright and his team have been looking in soil samples from around the country for bacteria and fungi that produce chemicals that might inhibit antibiotic resistance.

This early finding is published in this week's issue of the scientific journal Nature.

The McMaster team found the compound worked to resensitize resistant bacteria that contain the NDM-1 gene, and even cleared a resistant infection from a mouse.

Wright says the compound, called aspergillomarasmime A or AMA, interferes with the NDM-1 gene's source of zinc. The gene needs zinc to work.

Much testing remains to be done to see if this compound could be used safely and successfully in people. But the hope is it could be taken in combination with antibiotics to help prolong the lifespans of these critical infection-fighting drugs.

The rise of antibiotic resistance and the paucity of new antibiotics in the production pipeline have created fears that the world could be facing a future in which antibiotics no longer work.

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Rescue workers carry the remains of a person in a body bag after a explosion at a shopping m

Attack on at least 21

17 wounded. Extremists bomb shopping centre in capital Abuja

An explosion blamed on Islamic extremists rocked a shopping mall in Nigeria's capital, Abuja, and police said 21 people were killed.

The blast came as Nigerians were preparing to watch their country's Super Eagles play Argentina at the World Cup in Brazil. Many shops at the mall have TV screens but it was unclear if the explosion was timed to coincide with the match, which started an hour later.

Witnesses said body parts were scattered around the exit to Emab Plaza, in Abuja's upscale Wuse 2 suburb. One witness said he thought the bomb was dropped at the entrance to the mall by a motorcyclist. All spoke on condition of anonymity for fear of reprisals.

Soldiers shot and killed one suspect as he tried to escape on a power bike and police detained a second suspect, said a statement by Mike Omeri, the government spokesman for the insurgency.

Billows of black smoke could be seen from a kilometre away, and police said 17 vehicles were burnt out in the blast.

"I heard the explosion and (felt) the building shaking," said Shuaibu Baba, who had a narrow escape. He said he rushed downstairs to find that the driver who had dropped him a few minutes earlier was dead. "I asked the driver to come with me, and he said 'No,' he would wait for me in the car."

Police Supt. Frank Mba said 17 people were wounded and 21 bodies were recovered.

It is the latest in a series of violent attacks blamed on Islamic extremists. Nigerian security forces appear incapable of curtailing the near-daily attacks concentrated in the northeast, where Boko Haram extremists have their stronghold.

On Tuesday night, extremists in the northeast attacked a military checkpoint and killed at least 21 soldiers and five civilians, witnesses and a hospital worker said Wednesday.

Abuja is in the centre of Nigeria and the militants have spread their attacks to the capital. Two separate explosions in Abuja in April killed more than 120 people and wounded about 200 at a busy bus station. Both were claimed by Boko Haram, which has threatened further attacks. THE ASSOCIATED PRESS

all in Abuja, Nigeria, Wednesday. OLAMIKAN GBEMIGA/THE ASSOCIATED PRESS

mall kills in Nigeria

People watch as smoke fills the sky after an explosion rocked a shopping mall in Nigeria's capital, Abuja, on Wednesday. Police say over 20 people have been killed and many wounded. THE ASSOCIATED PRESS

Pacific Northwest

Orcas among most contaminated mammals: Report

Southern resident killer whales are among the world's most contaminated marine mammals, with pollutants particularly high in the youngest whales, according to information released Wednesday by U.S. scientists.

Biologists with the National Oceanic and Atmospheric Administration summarized a compilation of research findings that reveal the mysterious lives of a small population of endangered killer whales that frequent Puget Sound, off the northwestern U.S. coast.

The striking black and white whales have come to symbolize the Pacific Northwest and play an important cultural and spiritual role for many Northwest tribes.

THE ASSOCIATED PRESS

Nigeria

Man committed for being an atheist: Lawyer

A lawyer says a staunchly Muslim family in Nigeria has forced their son into a mental hospital for declaring himself an atheist.

Mubarak Bala, 29, says he is being drugged and held against his will in a psychiatric ward in Kano. Bala alerted people to his plight with tweets from a smuggled phone, saying his father beat him up and sedated him, and that when he awoke he was in the hospital. Bala describes his father as an Islamic leader who "can't afford to have a non-Muslim family member, so he declared me insane."

Lawyer Muhammad Bello Shehu says Bala's father said he committed his son for safety as he could be lynched for denying God exists.

THE ASSOCIATED PRESS

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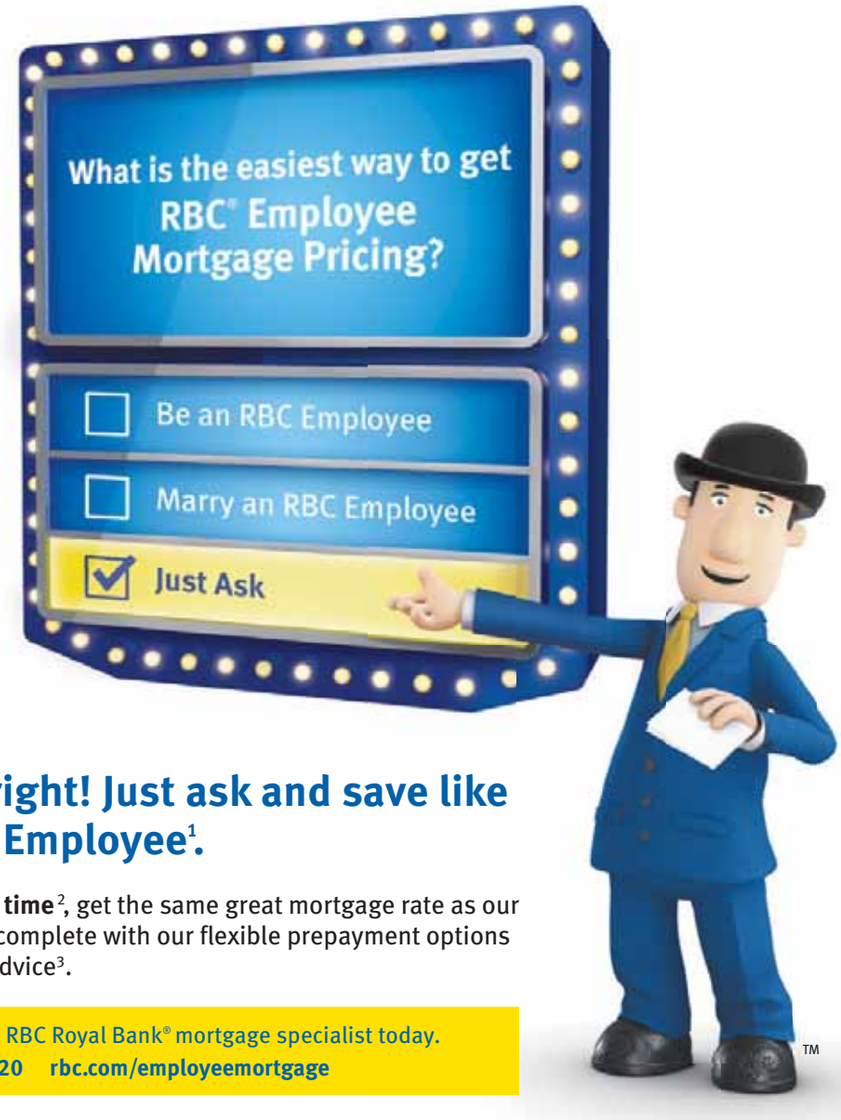

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Lawyer launches court challenge against changes to Citizenship Act

Legal battle. Rocco Galati and associates say Parliament reached beyond its jurisdiction in passing controversial new measures

The federal government has no authority to strip a Canadian-born person of their citizenship, says a Toronto lawyer spearheading a constitutional challenge of new legislation.

Rocco Galati, fellow lawyer Manuel Azevedo and the Constitutional Rights Centre have filed a notice of application in the Federal Court of Canada arguing Parliament reached beyond its jurisdiction in passing the controversial measures.

They are asking the court to declare the Strengthening Canadian Citizenship Act unconstitutional, citing citizenship protections ranging from the Magna Carta to the Constitution Act, 1867.

For years, a newcomer could be stripped of Canadian citizenship if they attained it through false representations.

The new law, which received royal assent last week, expands the list of those vulnerable to revocation to people born in Canada but eligible to claim citizenship in another country — for instance, through their parents.

It also broadens the grounds for revocation to include several criminal offences including espionage, treason or terrorism.

Opposition MPs have denounced the provisions as arbitrary and nonsensical, as revocation could now result in deportation to a country the person has never set foot in.

The Canadian Bar Association said the new law revives the medieval punishment of banishment.

Galati and his associates are also seeking a court order prohibiting citizenship revocation and removals under the new provisions.

They also want the government to file copies of "any and all" memos, opinions or legal opinions concerning the constitutional authority of the government to enact the legislation.

Immigration Minister Chris Alexander's office did not answer questions Wednesday regarding the law's constitutionality.

Lawyer Rocco Galati is pictured in Winnipeg in 2012. Galati is spearheading a constitutional challenge of controversial new citizenship legislation. TREVOR HAGAN/THE CANADIAN PRESS FILE

However, the minister has vigorously defended the legislation, saying the public thinks it is "absolutely legitimate" to strip dual nationals of their Canadian citizenship if they commit grave offences.

NDP Leader Tom Mulcair said he wasn't surprised at the legal challenge.

"The Conservatives are at war with a court system that keeps turning back their bizarre legislation that fails to respect Canadians' rights," Mulcair said in an interview.

The Canadian Association of Refugee Lawyers has said it will also fight the citizenship measures in the courts.

The legislation violates equality rights under the Constitution by creating separate classes of Canadians, says Lorne Waldman, president of the association of more than 250 lawyers who represent refugees.

The association also argues the proposed revocation procedures lack fairness and that a provision forcing new citizens to swear they intend to reside in Canada — and risk losing their citizenship if they later go abroad — would mean some Canadians have mobility rights while others do not. THE CANADIAN PRESS

Privacy

Border agency cuts data retention to 15 years from 75

The federal border agency is bowing to privacy concerns by agreeing to slash the amount of time it will keep data on the cross-border movements of Canadians as part of a new security plan.

The agency says it plans to retain personal details for 15 years — not 75.

THE CANADIAN PRESS

Twiplomacy

Twitter accounts trending among our diplomats

Canada is among a small group of countries that has Twitter accounts for most of its embassies and missions, a global study revealed Wednesday.

The study, called Twiplomacy, looked at the use of the site by heads of state and by governments and ministers of foreign affairs.

THE CANADIAN PRESS

Vancouver Aquarium's beluga research heads north as controversy over captivity continues

A trainer works with beluga whale Aurora at the Vancouver Aquarium on Wednesday. A researcher from the aquarium will be heading to the Arctic next week to study the chatty cetaceans in the summer home where they raise their young. The research trip comes as the non-profit aquarium is under renewed pressure to stop keeping belugas and dolphins in captivity — including a call from Vancouver Mayor Gregor Robertson to end the practice. DARRYL DYCK/THE CANADIAN PRESS

Meilleur. Ontario AG calls out MacKay over recent remarks about women

Add Ontario's attorney general to the list of people who have a bone to pick with Justice Minister Peter MacKay.

Madeleine Meilleur calls MacKay's recent remarks about female judges "very unfortunate" in this day and age — particularly when Ontario has elected its first female premier.

The Toronto Star reported that MacKay attributed the dearth of women on the bench to a lack of applications, reportedly linking that to a fear among women that they might be appointed to a circuit court, which entails more travel.

MacKay found himself in hot water again Tuesday over Mother's Day and Father's Day emails to staff — one saluting mothers for holding down two full-time jobs at home and at work, the other lauding dads for raising "the next generation of leaders."

Prime Minister Stephen Harper defended his justice minister Wednesday, saying MacKay's comments have been unfairly characterized as sexist.

What I meant was...

MacKay has said he did not make the comments attributed to him in the Star report.

- "In addressing a few dozen lawyers I took the opportunity to encourage MORE women and minorities to apply to be judges, to enable the federal government to promote them to the bench and thus to better reflect the diversity that is Canada today," he said in a Facebook post on Sunday. "That was the intent and tone of my remarks."

Meilleur says there are very competent women in Ontario and Canada who are able to be judges and province's judicial bench is proof of it.

She noted that the chief justice of the Ontario Court of Justice is a woman.

THE CANADIAN PRESS

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Cameron, Murdoch under pressure after hacking trial

Britain. The end of the tabloid phone-hacking trial isn't the end of the matter for PM Cameron and media titan Murdoch

Britain's epic tabloid phone-hacking trial ended Wednesday with a hung jury on two final counts — and a judge's rebuke for Prime Minister David Cameron, whose televised comments about the case while it was still underway almost scuttled proceedings.

Cameron is already under pressure for his ties to the only person convicted at the trial, former News of the World tabloid editor — and ex-Downing Street communications director — Andy Coulson.

Coulson's conviction for conspiracy to hack phones was also unwelcome news for Rupert Murdoch, his former employer, and raises the possibility of a corporate prosecution for Murdoch's media behemoth, News Corp.

Senior Murdoch executives have already been questioned by U.K. police investigating wrongdoing at his British tabloids, and the Guardian newspaper reported Wednesday that detectives want to question Murdoch "under caution" — meaning as a potential suspect.

Neither the police nor News Corp. would comment on that report.

THE ASSOCIATED PRESS

Theatre

Trial takes centre stage

After months of courtroom drama comes phone hacking, the play.

Britain's National Theatre said its next production will be "an anarchic satire about the press, the police and the political establishment" titled Great Britain.

The company says the play is fiction, but the description recalls the scandal over wrongdoing at Rupert Murdoch's now-defunct News of the World tabloid. THE ASSOCIATED PRESS

It's cottage (buying) season

Canada's summer cottage market is showing no signs of cooling off as it rebounds from a long winter and late spring, national realtor group Re/Max said Wednesday. Sales in Ontario and Atlantic Canada were up in May after a sluggish April and Re/Max is forecasting mid to high single-digit price increase for cottages, cabins, vacation condos and camps throughout the rest of the year. "What we're seeing is a healthy and stable real estate market supported by strong economic fundamentals that we believe are going to continue moving forward, at least in the foreseeable future," said Gurinder Sandhu, director for the Atlantic Ontario region. An eventual increase in interest rates could modestly dampen sales, but he said there are no expectations of dramatic hikes that would threaten what Sandhu called a "healthy and balanced" market. ISTOCK

Deals you

Save big throughout the store at the **IKEA Summer Sale** on now until July 7th.

*Offer valid until July 7, 2014. While supplies last. No rain checks. Selection may vary by store. Valid in-store only. Not valid on previous purchases. See store for details. **Picture frame offer valid June 26-29, 2014. Limit 20 per customer. Posters are sold separatel

Bazinga and Tridel.
Deal brings a new social network for the condo set

A Vancouver company is hoping condo-dwelling Canadians have room for one more social network in their lives.

On Wednesday, the company Bazinga announced it has inked a deal with Canada's largest condo developer, Tridel, to integrate its social media platform into the real estate company's new and existing projects.

Bazinga is a little like Facebook — allowing residents to chat with each other and building staff — and also lets users book amenities, access important documents and receive news about their community.

"Think of it as your building's (Facebook) wall but it's very interactive," says Bazinga founder Joseph Nakhla.

"You can post things, there's alerts — like, 'Keep an eye open on this issue,' 'Did anyone lose a bag?,' 'Is anyone looking for a car pool partner?' — (and) information on nearby businesses. It's very specific conversations that are occurring on the platform. What differentiates it from other platforms is there's heavy utility in there.

"And it's private. It's secure. It has only the people who are owners or tenants. There's no such thing as an anonymous presence on the platform."

THE CANADIAN PRESS

Plans for expansion

Before the Tridel contract, Bazinga was connected to more than 500 buildings, says Nakhla, noting that the social platform is also being used by builders of subdivisions and gated communities.

- Securing the deal with Tridel, which he called "a blue-chip brand," is a huge win for the company as it works to expand the concept not just in Canada, but in the U.S. and abroad.

America

Police need a warrant to search phones: Top court

In a strong defence of digital age privacy, a unanimous U.S. Supreme Court ruled Wednesday that police may not generally search the cellphones of people they arrest without first getting search warrants.

THE ASSOCIATED PRESS

The next chapter

Barnes & Noble turns page on Nook e-reader

Barnes & Noble hopes to survive by splitting in two.

The largest U.S. brick-and-mortar bookseller, beset by tough competition from online retailers like Amazon and discount stores like Walmart, said Wednesday that it plans to split off its Nook e-reader division as it looks to boost shareholder value.

THE ASSOCIATED PRESS

Aspartame to sucralose

Yoplait Light switches to new sweetener

The maker of Yoplait Light is hoping a sweetener change can help bring back customers.

General Mills Inc. said Wednesday it plans to remove aspartame from its popular reduced-calorie yogurt in favour of another artificial sweetener, sucralose.

THE ASSOCIATED PRESS

Market Minute

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THE NEAR-DEATH THAT WASN'T

HE SAYS

John Mazerolle
metronews.ca

I've never had great life skills, but I've come to realize I don't have great death skills, either.

I was in an accident recently where I could have been killed — this happens to me every three years or so — and the impact it had was, well, absolutely nothing.

Shouldn't I be inspired or something?

In my defence, it wasn't much of a near-death experience: I fell off my bicycle at a busy intersection.

To the people who saw the accident, it likely looked less like a matter of life and death and more like a schmuck faceplanting comically into the pavement. But, if it had a laugh track for them, it was Adagio for Strings playing in my head, as I tumbled in slow motion toward the pavement and thought, "I might get run over before I have a chance to turn around."

Fortunately the driver behind me was not on his phone, so my corpse did not end up on Instagram with a filter giving my skin a healthier tone than it ever had in life.

Which leads to my first lacking death skill: Isn't my life supposed to flash before my eyes? The message from most inspirational speakers is that "one day your life will flash before your eyes, so you'd best make it a good show" or some such. But when I fell, all I saw was the streetcar track I wiped out on, the pavement, and the truck grill.

I'd been promised a Vine of my life's greatest moments, and instead it would have been like I was browsing stock photography. If the car had hit me the last images before death would have been a close-up of an interracial handshake and a woman way too happy about her salad. Not that I'm ungrateful. I totally prefer being alive.

In fact, immediately afterward I decided to celebrate. I was alive! Time to live! This led to my second death deficiency: My big response to near-death was to get a fancy coffee with whipped cream on it.

I'm not sure which is sadder: that this is my idea of living it up, or that my response to avoiding death was to order a drink that would push me closer to it.

Finally, and most damning, the accident did nothing to motivate me into a better life. It freaked me out for a few hours, because we're just bags of meat that should have "FRAGILE'" stamped on our bodies. But that's it.

I've done nothing to improve myself, I've felt no more in touch with my life and I haven't started a charity like Cyclists Against Faceplanting in Traffic.

When I faced my own mortality in the past — at a funeral or during an accident — my immediate response was a figurative roller-coaster ride: euphoria, disappointment, levelling off.

Now I feel fragile for a couple of hours, have an expensive coffee and write a column. I think I'm OK with that.

But change my life in a big, noticeable way?

Well, that'll be the day that I die.

ON TRACK

The SEFT-1 was designed by two artists to explore their country's railways that are no longer in use. COURTESY SEFT-1 PROJECT

Artists create sci-fi car for railroads

A pair of Mexican artists have brought their country's abandoned railways back to life — by taking a sci-fi aluminum car for a ride on them.

Ivan Puig and Andrés Padilla built the SEFT-1 (Probe Exploration Manned Railway) car to explore how once useful railroads still have a purpose.

The SEFT-1 is a vehicle with an aluminum body fit for sitting two crew members (called Los Ferronautas). The silver car is also capable on riding on land with the use of rubber tires.

According to the project creators, the SEFT-1 aims to make a survey using photography, video, audio and text of the isolated areas it visits. METRO

By the numbers

9,000

Number of kilometres the artists travelled across Mexico and Ecuador, from 2010 to 2012 in SEFT-1.

Artists' viewpoint

"It's a transdisciplinary art project, one of public interaction and diffusion, which proposes the exploration of disused railway tracks as a starting point for reflection and research."

Ivan Puig and Andrés Padilla

METRO AUGMENTED REALITY

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metro AR

In this issue, you can find AR enhancements on page 13 in News, page 24 in Life and page 34 in Sports

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MetroTube

metro AR

Extreme, extreme mountain biking

ANDREW FIFIELD
andrew.fifield@metronews.ca

If you're anything like us, you've long thought the biggest problem with mountain biking was that it's just not dangerous enough. Careering down hills, weaving between towering trees, ricocheting off rocks — yawn!

Now, if we could somehow mix the speed, exhilaration and wind-through-the hair excitement of mountain biking with the assorted dangers of traversing a major city. Now we're talking. Thankfully, the good people of Bratislava arrange such a thing once a year and this is what it looks like. (EpicTV/YouTube)

THE ASSOCIATED PRESS FILE

metro

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Goodbye cabins and campfires, hello poetry and comic books

A different kind of camp. Let your kid's imagination soar at Carleton Creative Writing Camps

BACKSTAGE PASS
Jen Traplin
ottawa@metronews.ca

Creative Writing Camps director Andrew Connolly poses near a display of retro video game consoles at Carleton University's Discovery Centre. Video games will be one of the narrative mediums the writing camps will explore with aspiring young scribes. SEAN MCKIBBON/METRO

With the school year wrapping up and summer officially under way, many parents are turning their attention to seeking out fun and unique things for their kids to do.

For children and teens interested in exploring their creativity with words, Carleton University is offering new creative writing camps.

The week-long camps cover a wide array of pursuits, including poetry, fiction and storytelling. Campers will even get the chance to work on comic books and video games.

"With the camp, what we're trying to do is help kids explore their creativity, which also means exploring who they are as individuals," says Carleton Creative Writing Camps director Andrew Connolly.

"Everybody is a little bit different and all of that is going to come out in creative writing."

Quoted

"Everybody is a little bit different and all of that is going to come out in creative writing."

Andrew Connolly, Carleton Creative Writing Camps director

For a lot of the young writers attending the camp, this will be their first experience on a university campus. Luckily, Connolly says, Carleton University is not only a great place to explore, it also offers top-notch facilities.

"The Discovery Centre in the library offers us a lot of opportunities to explore digital genres."

Because of the technology available there, campers will have the ability to create digital comics and experiment with video game narratives, among other things.

"More than that, though," Connolly adds, "what the university has been able to provide is an opportunity to bring this group of people together. We were able to bring in a very diverse group of people."

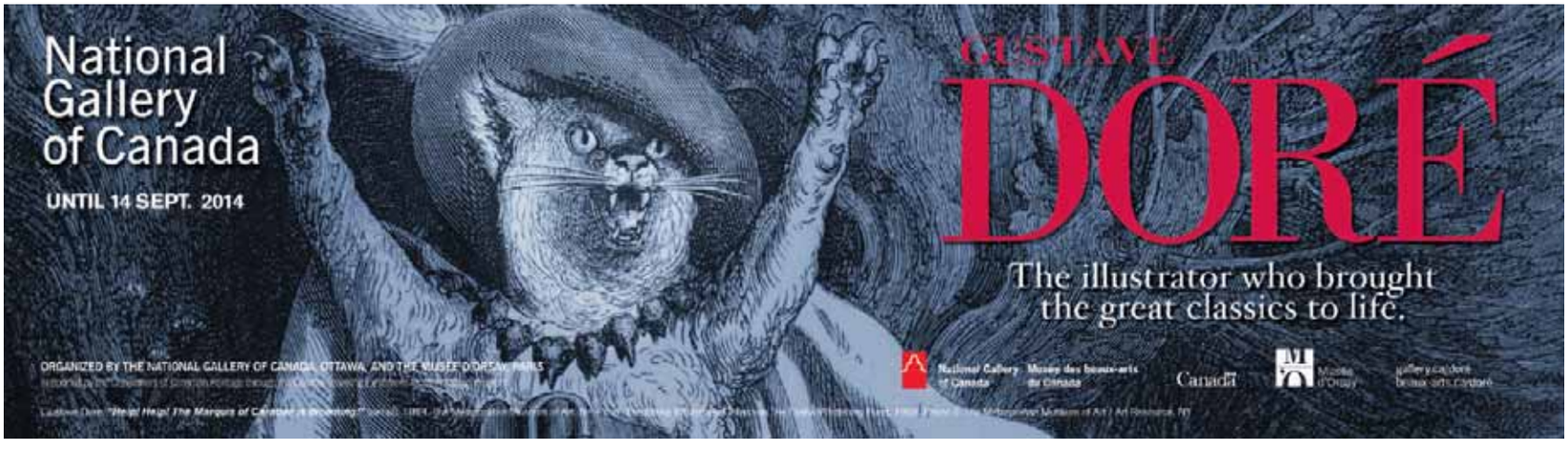
Connolly says the instructors behind the camp are merely dipping their toes in the water, hoping that, if things go well, they can expand it next year and push the camps in different directions.

"One of the ideas that we have is a full camp dedicated to a particular genre, like poetry or fiction, where campers would get a chance, not just to experiment, but to go a little bit deeper and develop something that they want to work on."

Interested?

Carleton Creative Writing Camps:
July 21 to 25 (ages 8-12)
July 28 to August 1 (ages 13-16)
August 11 to 15 (ages 8-12)
August 18 to 22 (ages 13-16)

- **Registration is $250 and includes one lunch per day.** Camp hours are 9 a.m. to 5 p.m.
- **Deadline for registration is June 30.** For more information, email creativecamp@library.carleton.ca.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Stephen King killing it Under the Dome

Tilting at TV. Horror author "jumped at the chance" to bump off beloved series regulars in second season opener

Stephen King on the set of Under The Dome. CBS

Writing for television doesn't scare Stephen King.

The best-selling author has written the first episode of the second season of Under the Dome, which begins Monday on CBS and Global.

The sci-fi drama, a ratings success last summer, is based on King's novel of the same name. It's about the residents of a small New England town named Chester's Mill cut off from the rest of the world by a transparent, indestructible dome. Mike Vogel, Dean Norris and Montreal native Rachelle Lefevre star.

King, who is also a producer on the series, told a gathering of international press on the set that he's watching a lot more television these days. Shows such as True Detective, The Killing and Orange is the New Black, he feels, are tilting television toward what he sees as a more novelistic approach.

The 66-year-old author used to read during his evenings off, but King says more and more he spends nights catching up on a favourite show. "I have as much of a tendency to binge watch as anyone else."

He singles out HBO's True Detective, starring Matthew McConaughey and Woody Harrelson, as a show that has "changed the whole landscape of what TV does."

King likes these new shows where none of the characters are safe and anybody can go at any time. It was in that spirit he wrote this first new episode of Under the Dome. King says he "jumped at the chance to kill off a couple of loved series regulars."

That kind of peril is lacking in traditional TV dramas such as the CSI and Law & Order franchises, he feels. "Those shows are unrealistic in the sense that, every week, there's a new case and it's all wrapped up at the end."

King sees FX's The Shield as an early game changer. "It was a successful show that had a continuing storyline," he says. Plus "the main character on The Shield was not a nice person. He was a bad guy."

TV dramas have become more novelistic, says King, a trend that hearkens back to the heyday of the miniseries. King was part of that scene in 1991 as writer/director of Stephen King's Golden Years, which, like Under The Dome, was a CBS summer series. It only lasted one season. "I don't know if I did a bad job or was ahead of my time," says King.

He tried again with Kingdom Hospital, which aired the spring and summer of 2004 on ABC. The spooky hospital drama — triggered, in part, by King's own medical trauma after being hit by a car in 1999 — was an adaptation of a Danish miniseries.

King feels he was ahead of the cable curve with that series, especially after watching and admiring a more recent Danish-inspired effort, The Killing.

He says he was "just bowled over" by the Netflix series Orange is the New Black and likes House of Cards, although he feels the first season was better than Season 2.

Two foreign favourites are The Return, a French drama he calls "an amazing piece of work," and The Fall, a British drama starring Gillian Anderson.

He cheers on any series that adopts a novelistic approach. Even a network drama like The Blacklist, where you can see characters develop, "has a novelistic tinge to it," says King.

The Walking Dead he sees as a revolutionary series. He's astounded that a small cable network like AMC can beat the broadcast networks on Sunday nights.

The Master of Horror gets why all those bloody zombies are a big draw. "I call it R-rated television," he says of more explicit cable fare. He sees CBS's Under The Dome more as "PG-13 television."

CBS, ABC and the other broadcasters "come into your home uninvited," he says, so they have to put limits on language and violence. King is fine with having to throw chills into viewers within the restrictions of network standards and practices. "It forces you into creative ways of telling the story that fits into the PG-13 parameters and I think that's kind of an exciting thing," he says. "I like the discipline of it."

King was asked about deeper meanings in his work and he said sneaking social commentary and political agendas into works of supernatural fiction is a trick that dates back to The Twilight Zone.

He admits that one bossy Under The Dome character bears a certain resemblance to a Russian leader in the news. "Big Jim Rennie (played by Norris) seems more and more like Vladimir Putin all the time," says King.

A member of the foreign press asks King what scares Americans these days. "Americans are afraid of everything," he says.

And what frightens him?

"Alzheimer's," he says without hesitation. "My brain is my main tool and I don't want to lose it if I can."

King, who has written more than 50 novels and short story collections, says he's trying to slow down a little as an author.

"It's harder than it used to be," he says of the book business. "I don't think I have as much to say as I used to, so I write less. It's still what I'm good at and what I like to do and it still makes me happy."

THE CANADIAN PRESS

So what does the king of scary things find frightening?

"Alzheimer's. My brain is my main tool and I don't want to lose it if I can."

Stephen King

More books in the works

It is a wonder King has time to watch any TV. Along with a second season of Under The Dome he has two new books coming out: the just released hard-boiled detective novel Mr. Mercedes and a November release titled Revival. He feels the latter will remind fans of Pet Sematary. "It's a dark, scary book," he says.

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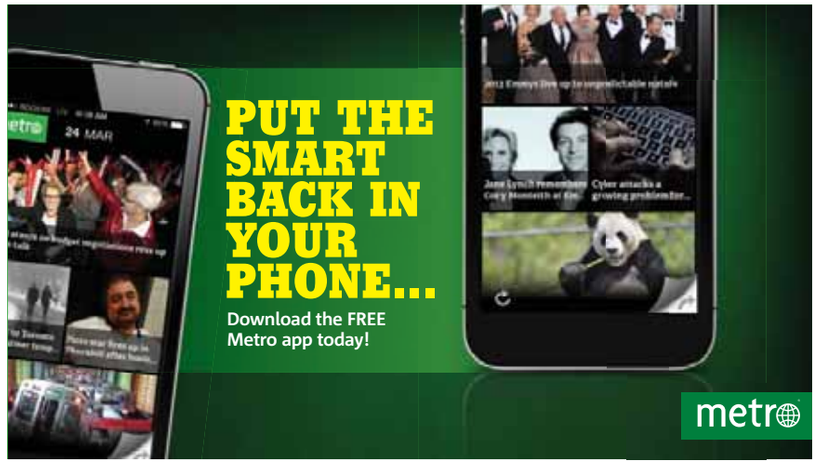

Elton John ALL PHOTOS GETTY IMAGES

Can you feel the love tonight? Elton John can't

Elton John was flying the unfriendly skies recently, reportedly getting into a vicious shouting match with husband David Furnish in front of friends aboard a private jet bound for the recent Bonnaroo music festival in Tennessee, according to Radar Online. "Elton and David flew a few friends with them to the gig, and they all know Elton gets pissed when something isn't completely on his schedule. One of the cars carrying his friends was late. He got super-annoyed and even more so when David told him he was basically acting like a brat," a source says. "David calling out Elton sent him into a huge rage. He even went so far as to threaten to pull support for the (Elton John AIDS) Foundation, knowing it's one of the things that means the most to David." Things were very tense for a moment until John excused himself. "Elton went in a separate part of the plane for a while and cooled off. When he came back he played it off by making a joke about it," the source says. "It's a common occurrence between Elton and David, but definitely went further than their friends have seen before."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Gary Oldman says sorry for just a little bit of his bigotry

MELINDA TAUB
Metro World News

Gary Oldman has had a lot of time to do some soul-searching since Tuesday, when it became known that he'd said some terrible things about Jews, black people, and gay people. He has realized that he is deeply sorry for some of it.

Among Oldman's many colourful remarks to Playboy, he opined that Mel Gibson only got in trouble for spouting anti-Semitic epithets because he's "in a town run by Jews." Whatever else is going on in Oldman's withered old brain, he does at least understand that the ol' Nazi refrain "Jews control the media" is not a road you want to go down, and he said as much in an open letter to the Anti-Defamation League.

"I am deeply remorseful that comments I recently made in the Playboy Interview were offensive to many Jewish people," Oldman wrote, according to Page Six. "Upon reading my comments in print — I see how insensitive they may be, and how they may indeed contribute to the furtherance of a false stereotype."

They do indeed contribute to that! However, speaking as a Jewish person: Come on, man. Don't single us out. If you're going to apologize to the people you offended, apologize to all of them.

Twitter

@RuPaul
Quick Reminder: Never Google yourself, unless in the company of a life coach or therapist

@jason_mraz
In my next life I hope to come back as a cat. The oldest cat ever. A vegetarian cat who surfs. And lives in The Netherlands.

@SethMacFarlane
Ah, the decline of journalism: From Woodward and Bernstein cracking Watergate to Buzzfeed telling me which Disney Princess I'm most like.

Adam Levine

'I did not have sexual intercourse with Lindsay Lohan,' says Adam Levine

It seems like Lindsay Lohan's leaked list of sexual conquests is going to haunt every famous name it contains for quite some time. Case in point: Maroon 5 front man Adam Levine had to take time out of his recent interview with Howard Stern to follow James Franco's cue and deny any intimate connection to Lohan. "By the way, you were listed on Lindsay Lohan's sex list, that you had sex with her. I didn't know this," Stern offered, to which Levine promptly shot back, "That's not true. I did not have sexual intercourse with Lindsay Lohan." Stern then pointed out that no one on the list has confessed to actually having earned their spot. "That's because I think we're being truthful about that very specific thing," Levine responded. "I can f—ing see it on the paper, I'm getting much better at this."

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LIFE 3

PLUS HOMES

Artful android: Here she comes now, sayin' Monáe, Monáe

Trending on her own terms. Janelle frees her 'soul' through her look and lyrics on the run-up to her summer tour

RICHARD PECKETT
Metro World News

"Embrace the things that make you feel unique, even if it makes others feel uncomfortable," says singer-songwriter Janelle Monáe. That maxim is something Monáe has perfected. The Kansas-born artist, like her time-travelling robot alter-ego Cindi Mayweather, isn't one to conform to outdated stereotypes. She's a feminist, womanist, and apparently an android. It's an attitude that the 28-year-old, who is touring this summer, takes into her albums The ArchAndroid and The Electric Lady, which deal with social and racial restriction. Even her artistry can't be straightjacketed into sound or style conventions: the Little Richard-esque quiff and her monochrome era-transcending tuxedo ensembles are as redefining as her sci-fi R&B soul, which seamlessly straddles a multitude of musical genres.

You're one of the musicians involved in the Pepsi Beats of the Beautiful Game campaign, where you, like the footballers, have your own (monochrome) team strip. But when do you intend to go for a different look?
Whenever I look at the moon and make that decision. I'm exercising my right and my freedom as a citizen to wear what I want.

Suit or birthday suit

I'm a free person who is taking the opportunity to be in control of their image: if I want to be naked one day I can and if I want to wear a tuxedo that's fine.
Janelle Monáe

Speaking of strip, is it true that you took some of your early tracks from The Electric Lady to a strip club to see how the dancers moved to it?
Oh yeah, absolutely.

Have you been back since?
I've been back since. I love watching people dance and the album is centred around women and I want to understand every type of woman: strippers, college students, the artist, the ghetto woman, the Queen. I definitely went to the strip club to do research and to understand their story.

You've talked about redefining the idea of sexy. What's your ideal?
I don't have an ideal of sexy; I don't go out of my way to be sexy. If you are [sexy], you don't have to try. For me personally, I'm a free person who is taking the opportunity to be in control of their image: If I want to be naked one day I can, and if I want to wear a tuxedo that's fine.

Janelle Monáe hopes to inspire her fellow females to take control of their own image. CONTRIBUTED

Do you think that women in the music industry are pressurized into a certain 'sex sells' image?
Well, I think when you come into the music industry there's this notion that because you're a woman, you need to dress a certain way. I want to let people know that that's not true. You just need to get to a certain level of success and be a cover girl [Monáe is also the face of beauty brand CoverGirl] and create your own image — people will love that. You don't have to take the same co-ordinates to reach a destination.

How have you managed to maintain that level of autonomy while signed to a major label?
How have I managed? (Laughs). That's like saying how have you managed to go to a subway and get the money out of your bank account?

Point taken. Is this one of the reasons that you're anti-bullying?
I have definitely been bullied and I've also stood up for myself, too. I used to fight a lot growing up but I don't think that's the way to do it because you can have an accident, get hurt or someone can shoot or stab you, then you're dead in hospital. When I was young, I was a real firecracker. Now I just stand up for others through art.

AUGMENTED REALITY

→ Want hair like Janelle? Scan this photo with your Metro News app for a step-by-step video to walk you through her fun, unique look.

→ See the full instructions on Metro's Voices page.

metro AR

Canadian street style

Spotted in: San Juan del Sur, NI

Name: Shannon

Age: 28

Canadian trendsetter on the move

What is the most important piece of clothing/beauty product in your travel bag?

A really funky/well-fitted bikini; if there's a beach that's all I wear! My favourite beauty product is Nars Copacabana liquid multiple. It is the most beautiful/natural highlighter for the cheeks and the eyes. Looks amazing with nice sun-kissed skin. Perfect natural enhancer for a night out, a little glam on vacation.

PHOTOGRAPHER: KAYLA ROCCA
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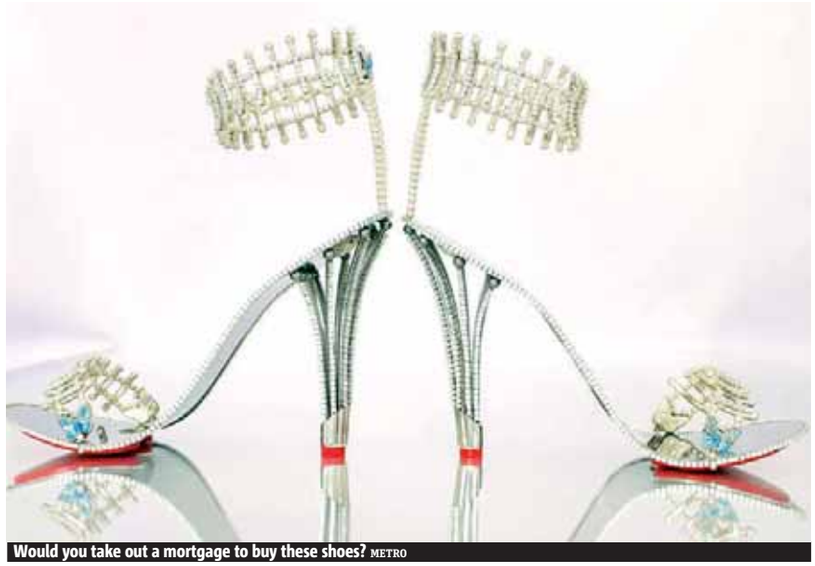
Diamonds are a sole's best friend

If the shoe fits. Fashionistas start saving! World's most expensive pair of kicks ring in at $337,000


Would you take out a mortgage to buy these shoes? METRO

Diamond stilettos give a new meaning to the term "well-heeled."

You could walk off with heels worthy of Cinderella ... if you've got $337,000 to spare.

The Borgezie Princess Constellation stilettos — crafted in either platinum or 18-carat gold, and encrusted with 1,290 diamonds — are the world's most expensive shoes.

Designer Christopher Shellis, who's been working on the stilettos for seven years, tells Metro why the footwear that requires a mortgage is a "bargain."

The shoes are the price of a sports car or an apartment, so who are you expecting to splash the cash?
Actually, I've already had an enquiry: I've been approached by some people, who won't disclose their names, asking whether I could create 100 pairs of stilettos like this one. It's for a royal engagement.

That's ridiculous!
(It) sounds like a lot of money but people are spending hundreds of thousands on diamond-encrusted iPhone accessories or buying $1,000,000-plus cars. It's a bargain, mate!

Do you see them as an investment piece?
Yeah, I think the stilettos are like the Damien Hirst diamond-encrusted skull. Actually, they're better because they've got a practical value as well as a display value.

Does a bodyguard come with the purchase price?
The people who buy these will bring their own bodyguard.

METRO

Eye spy some stylish art

Paintin' round the pupil. Makeup artist lifts the (eye)lid on her mini masterpieces.

This makeup artist wants to paint a perfect picture ... on your eyelid.

Tal Peleg uses eyelids as her canvas for her designs that depict characters from fairytales, movies and classic novels.

The Israeli makeup professional and blogger painstakingly crafts her masterpieces with tools such as liquid eyeliner, eyeshadow and appliqué particles to create her unique designs.

The artist tells Metro about her work and why she's turned her eye to an anti-bullying campaign.

An eyelid is a tiny canvas. Have you had to give yourself more dramatic eyebrows in order to maximize the space?
Yes (laughs). They used to be much thicker, but I had to make them thinner so that I had more space to paint.

All that make-up must make you feel sleepy. Is it like having a weight pressing down on your eyelid?

All that make-up must make you feel sleepy. Is it like having a weight pressing down on your eyelid?
Yes, it's such a relief to take it off. I always remove the designs straight after I've taken a photo. But it's not designed to be worn all day — it's art.

It seems like a lot of work only to be removed moments later. How long do the designs take you?
They take between 1.5 and 4 hours.

Wow! And can you correct a mistake?
It does depend on the mistake. Some can be fixed, but some I have to erase and start over.

That must be incredibly frustrating. You've also created some anti-bullying designs. Why did you target your art at social issues?
It started when I created a design that was dedicated to my grandmother who suffers from dementia. A lot of people reacted emotionally to it.

That's when I realized that makeup can be more than just something pretty and be something that has a positive influence on people.

METRO

Eating healthy can make you feel great inside, but did you know some of our favourite fruits and veggies could double as affordable natural beauty products as well? Go online to Trends Report to find out how you can use fruits like avocado and lemon to make you feel beautiful inside and out.

- **Online.** Follow Irene on Twitter at @MetroIreneK or Instagram: kuanirene; metronews.ca/voices/trends-report

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Location: Ottawa
Blog: melody-iafelice.com

FAVE TRENDS FOR SPRING/SUMMER?
I have a love affair with metallics, both in clothing and makeup: yellow golds, bronzes, silvers – also in shoes and accessories, adding a little sheen to an otherwise clean look.

WHAT IS YOUR STYLE PHILOSOPHY?
I definitely move to the beat of my own drum. I'm quirky, but I've learned to embrace it. I definitely have a preference for the 'rocker chic' look – or 'boho chic' with a harder edge. Working in the beauty industry, I think fashion and beauty go hand in hand. What you can't do with clothes, you can do with makeup, and vice versa, whether it's colour or style.

WHY BLOG?
My blog supports my style philosophy, providing quick and easy tips, and for me to show you how to best use a specific (beauty) product.

ANY FASHION ADVICE?
Find one piece that you love, whether it's clothing or an accessory, and build off that. You can dress up a plain white tee with that extra little touch.

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The ABCs of Canadian film is your crash course in the essential Canadian cinema. From the blood-soaked horror movies of the tax shelter years to the masterworks of Atom Egoyan and David Cronenberg, it's everything you need to know about Canada at the movies, in 26 letters.

Canadian film can be exciting, influential and groundbreaking – but if you're like most Canucks, you wouldn't even know it. That's where The ABCs of Canadian film comes in. This website offers everything you need to know about Canada at the movies — in 26 letters — from "eh" to zed. So this Canada Day weekend, love your country by turning on your DVD player, breaking out the maple syrup and watching these five landmark moments and movies in Canadian cinema history. Visit metronews.ca/abcsofcanadianfilm for more.

COLIN MCNEIL
colin.mcneil@metronews.ca

5 reel moments in Canadian film history

Did Canada fund a "porn flick?"

If you paid taxes in the '90s, you helped fund what some people swear is a porn flick.

I'm talking about Bubbles Galore, a 1996 film made with more than $100,000 in government grant money and starring real-life adult actress Nina Hartley. Canadian politicians and right-wing newspaper columnists denounced it as a "lesbo porn flick," "a monstrosity," and "scum."

The filmmaker called it an expression "of the right of women to take control of their image."

So what was it? A clever parody of the adult film industry or a soft-core porn masquerading as satire? Hear what adult film actress Nina Hartley told Metro about Bubbles Galore at metronews.ca/abcsofcanadianfilm.

The little sci-fi movie that could

What do a handful of unknown actors, a single Toronto soundstage and $600,000 get you? How about worldwide fame and undisputed status as a sci-fi cult classic.

At least that's what happened with Cube, the 1997 sci-fi film about seven strangers who find themselves stuck in a mysterious maze of interconnecting, fiendishly booby-trapped cubic rooms.

One of its more memorable scenes, in which a man is sliced into hundreds of flesh cubes by a fine metal mesh, even has the dubious honour of being homaged (some might say ripped off) in the first Resident Evil film. Watch the scene and judge for yourself on the site.

The first Canadian horror movie

From Black Christmas to Resident Evil, the Great White North has been a prolific producer of some of the best films the genre has to offer. But that's just the tip of the icepick.

The first-ever Canadian horror movie was 1961's The Mask. It was a trippy drive-in film about a man who puts on a grotesque haunted mask and is enveloped in an acid-trip netherworld of floating skulls and dancing demons. The possessed dream scenes, shot in 3D, are still pretty damn creepy today.

Get out your 3D glasses and watch The Mask in its entirety, and see our list of the top 10 Canadian horror movies ever made online.

Canuxploitation

Nifty word, isn't it? Back in the 1970s, the government created something called the 100 per cent Capital Cost Allowance (CCA), suddenly making it financially attractive to produce films here. These so-called tax-shelter years produced some of the weirdest, bloodiest and most influential Canadian films ever made. Black Christmas (pictured), My Bloody Valentine, and David Cronenberg's The Brood are just a few of the more popular Canuxploitation flicks to emerge from the tax shelter.

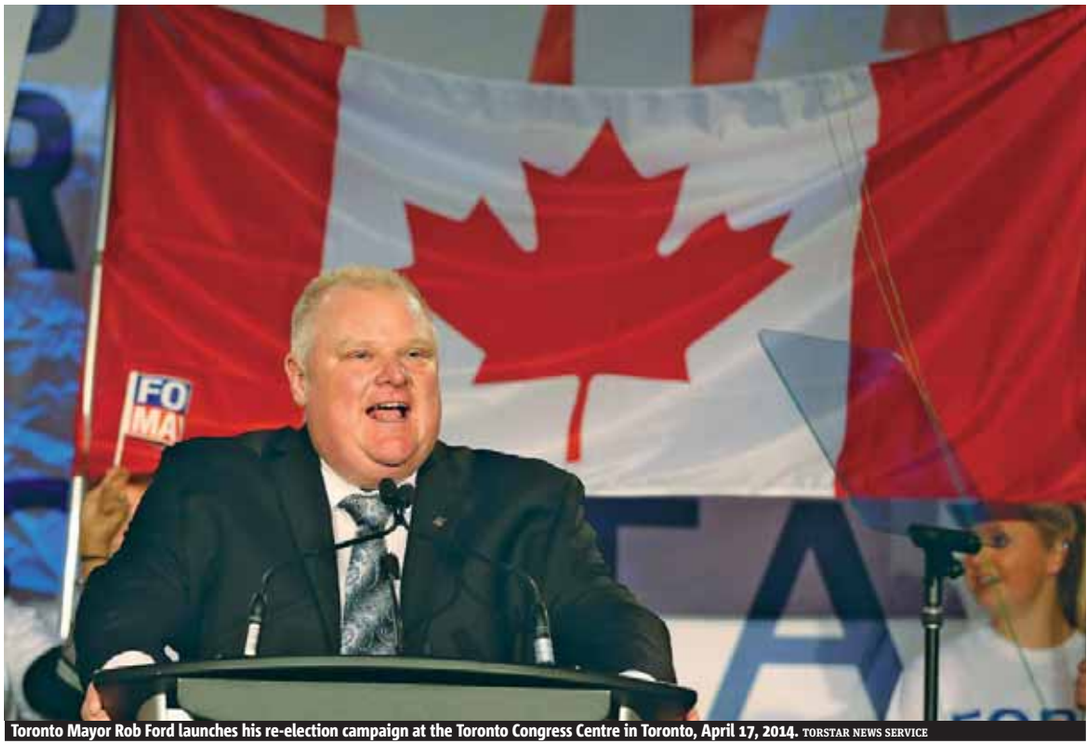
Discovering Xavier Dolan

If you don't know the name already, you probably will soon. Xavier Dolan is Canada's hottest cultural commodity since the Trailer Park Boys. At just 25 years old, the young Montreal director is quickly becoming the new golden boy of Canadian cinema, and he's only made five movies.

With a recent Jury Prize win at Cannes, Dolan is poised to break out of the festival scene and start making international box office hits.

Get to know this up-and-coming Canadian superstar before he makes his first blockbuster on the site, where we explore his first-ever feature-length film, I Killed My Mother.

So you think you're a real Canadian, eh?



Toronto Mayor Rob Ford launches his re-election campaign at the Toronto Congress Centre in Toronto, April 17, 2014. TORSTAR NEWS SERVICE

Trivia time! Sure, you may be able to tell Bieber from a beaver, but how up are you on the latest, greatest Canadian news?

1. This cheeky Saskatchewan-based film about an unusual public servant screened at Cannes in May and is already greenlit for a sequel.
A) Constable Badger
B) Wolfcop
C) Five Alarm Vampire

2. Toronto Mayor Rob Ford unwittingly provided a public debut of his Jamaican patois in a video secretly recorded at which restaurant?
A) Steak Queen
B) The King's Carvery
C) The Jester's Jingle

HANDOUT

3. A trio of Quebec prisoners spent a few June days on the lam after a prison escape with help from which vehicle?
A) Laundry truck
B) Helicopter
C) A prison guard's minivan

4. Much of Canada spent the winter cursing this weather phenomenon and its record-smashing cold.
A) The arctic avenue
B) The winterfell trail
C) The polar vortex

5. Which activity at the Vancouver Aquarium drew the scorn of animal activists in November?
A) Yoga With Belugas
B) Water Colours With Otters
C) Selfies With Stingrays

6. A rather rude vandal raised hackles in Windsor after crafting a public park shrub into what shape?
A) A middle finger
B) A penis
C) A crack pipe

7. A Manitoba mom was less than pleased when her kids' school gave them which snack to "balance" their packed lunch?
A) Triscuits
B) Ritz Crackers
C) Goldfish Crackers

8. Which Canadian comedy series will return to Netflix this fall after a long TV absence?
A) The Kids In The Hall
B) The Red Green Show
C) Trailer Park Boys

9. Nudists who dwell on Vancouver's Wreck Beach could barely conceal their anger over plans for what?
A) A new police tent
B) A nearby salmon hatchery
C) A weekend Starbucks kiosk

10. Justin Bieber added an Australian mayor to his enemies list after doing what in his city?
A) Spray painting a wall
B) Boxing a kangaroo
C) Driving on the wrong side of the road

COMPILED BY ANDREW FIFIELD

Answers
Question 1: B
Question 2: A
Question 3: B
Question 4: C
Question 5: A
Question 6: B
Question 7: B
Question 8: C
Question 9: A
Question 10: A

All hail Caesar

Canuck to its core, the first Caesar was invented in 1969 at the Owl's Nest Bar in Calgary, so there is no more fitting drink to raise in honour of Canada Day.

We are mixing up three recipes from Clint Pattemore's new book Caesars: The Essential Guide to Your Favourite Cocktail (Random House) to celebrate the nation's 147th birthday.

Cucumber-infused Caesar

- 4 slices cucumber
- 2 dashes Tabasco sauce
- 3 grinds fresh cracked salt and black pepper
- 1 oz (30 ml) gin
- 4 oz (120 ml) Mott's Clamato Cocktail
- Rim: Fresh cracked salt and black pepper
- Garnish: Cucumber slice; fresh cracked salt and black pepper

In a mixing glass, muddle everything but the gin and Mott's Clamato Cocktail. Add the gin and Mott's Clamato Cocktail, and stir well to mix and spread the flavours around. Rim a highball glass and fill to the top with ice. Strain the mixture into the highball glass, and garnish.

Fireworks Caesar

- 3 dashes hot sauce
- 2 grinds fresh cracked salt and black pepper
- 1/2 jalapeño pepper
- 1 garlic clove, minced
- 1/2 green onion
- 1 oz (30 ml) blue agave tequila
- 4 oz (120 ml) Mott's Clamato Cocktail
- Rim: Celery salt with cayenne
- Garnish: Spicy prawn on a skewer

In a mixing glass, muddle everything but the tequila and Mott's Clamato Cocktail. Add the tequila and Mott's Clamato Cocktail, and stir well to mix. Rim a highball glass and fill to the top with ice. Strain the mixture into the highball glass, and garnish.

Stampede Caesar

- 1 oz (30 ml) Alberta premium rye whisky
- 4 dashes Worcestershire sauce
- 2 dashes hot sauce
- 3 pinches steak spice
- 3 grinds fresh cracked salt and black pepper
- 1 oz (30 ml) beef stock
- 3 oz (90 ml) Mott's Clamato Cocktail
- Rim: Fresh cracked salt and black pepper with steak spice
- Garnish: Grilled Alberta flank steak on a skewer

Rim a highball glass with citrus and rimmer. Fill the glass to the top with ice. Add the ingredients in the order listed. Stir well to mix the cocktail, and garnish.

EXCERPTED FROM CAESARS BY CLINT PATTEMORE, PHOTOGRAPHY BY RYAN SZULC, © 2014 CANADA DRY MOTT'S INC. EXCERPTED BY PERMISSION OF APPETITE BY RANDOM HOUSE, A DIVISION OF RANDOM HOUSE OF CANADA LTD., A PENGUIN RANDOM HOUSE COMPANY. ALL RIGHTS RESERVED.

Mixing wood tones

Basics of interior design. Wood, like any other interior decorating element, has a shelf life

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

One of the hardest renovating or decorating decisions is choosing wood tones for items like flooring and kitchen cabinets. Not only do they cost a lot of money, but must stand up to at least a decade of changing trends.

The secret to making the right choice is to consider how you live and what other wood elements you have gravitated to over time.

For instance, do you have a large collection of antique pine furnishings or do most of your picture frames have a certain stain colour that you enjoy? This might be the start to making a large purchase of a longer-lasting wood product for your home.

Here are some guidelines to help you choose:

Follow this example

Three-tone perfection

A room looks best when decorated with no more than three wood tones: Dark wood floors, medium wood furniture and pale wood wall create the perfect example.

CRATEANDBARREL.COM

Contemporary or traditional
The lighter the wood tones, the more casual or contemporary the space will feel. The darker the tones, the more traditional or masculine the space will appear.

The magic of a trifecta
Do not incorporate more than three different woods in any given space — for instance, chestnut coloured floors, cherrywood cabinets and a pine table. More than three will look overcollected and junky.

Give inherited pieces a new finish
If you inherit a fine piece of furniture, consider having it re-finished in a more up-to-date stain that helps blend it into your established decor.

Follow big trends in small accessories
Influenced by a trend tone of wood? Use it in small furnishings like side tables or in room accessories like storage boxes or lamps.

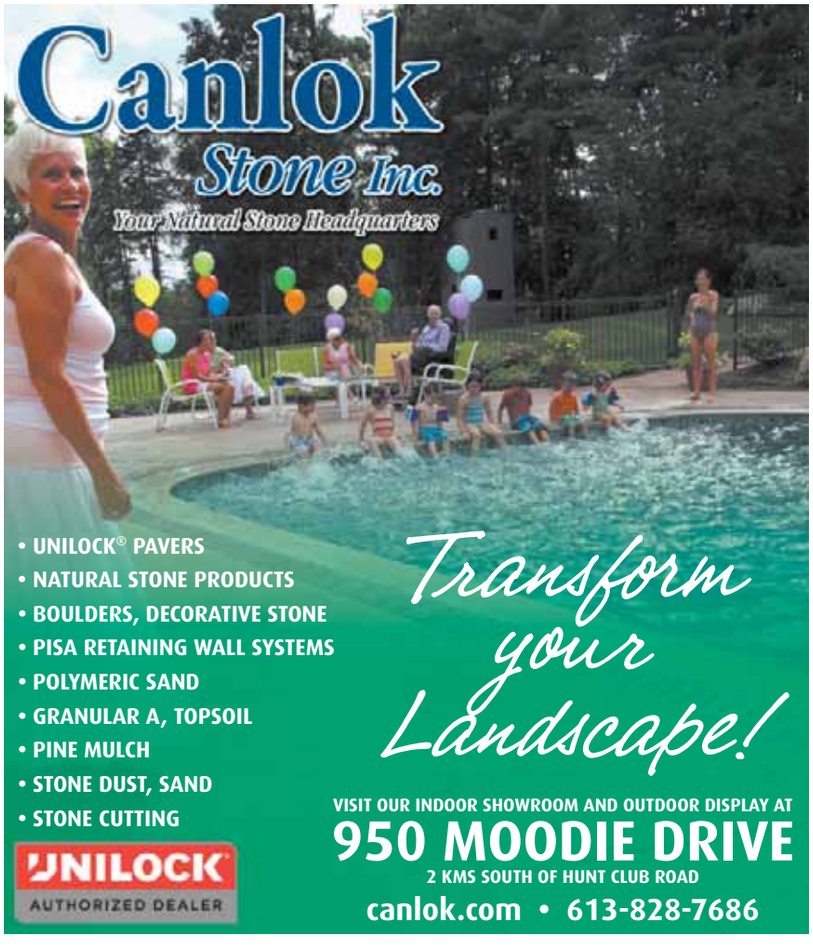
Fell mighty 'builder' oak with paint strokes
Too much "builder" oak wood around your home? Consider painting baseboards, interior doors, mantels and stair handrails to match an existing paint colour (usually white).

Cherry-pick your colours
You can often look to your home's architecture for inspiration in wood tones. For instance, an Arts and Crafts space can feature cherry wood. Pale light tones survive well in a boxy, modern space and deep mahogany looks best in a space with historical charm.

Give matchy-matchy a pass
Matching all wood elements can look too predictable. Varying the wood's stain colour by using lighter or darker tones helps add visual variety without overwhelming the room with too many types of wood.

What decade does your wood say you are?
Every decade has its trend wood: 1970s, knotty pine; 1980s, golden oak; 1990s, blonde maple; 2000, espresso/ebony; 2010, driftwood oak.

Refresh outdated wood
And lastly, we all know men act like wood is gold, and it should never be painted. If the wood in your home is outdated, then it's time for a change. Re-stain or paint it to give it another five to 10 years of life.



Nest. Opening the doors to the smart home with its developer program

Nest, the Google-owned company that has already made a name for itself thanks to its smart, learning thermostat wants to open up its software platform to other companies so that different devices — from ovens and light bulbs to fitness trackers and even cars — will all be on speaking terms when the Internet of things becomes the next big thing.

To ensure that the home of the future is truly connected rather than digitally segregated, Nest is launching a developer program that will let any company or individual access its software in order to create apps and other features that plug into or interact with Nest products.

Learning Thermostat NEST

"The Nest Learning Thermostat and Nest Protect alarm are already helping people save energy, stay comfortable, and improve home safety — but that's only the beginning," said Matt Rogers, founder and vice-president of engineering, Nest. "Our goal has always been to bring this kind of thoughtfulness to the rest of your home and life — and that's what the Nest Developer Program is all about. To kick off the program, we've worked with iconic brands like Mercedes-Benz and Whirlpool, as well as new industry leaders like Jawbone and LIFX, to build seamless, secure and practical Works with Nest experiences for the home."

Car controlled
Mercedes-Benz has already developed a feature that connects its cars to the Nest thermostat so that as the car arrives, the thermostat powers up and when the car pulls away it powers down. And of course, the thermostat can also be accessed via the car's infotainment system for fine tuning.

Sleep patterns
In a similar move, Jawbone's UP smartband knows when you're asleep and when you're awake and can use this information to make the thermostat even more efficient.

Smoke alarm
As for Nest's smoke alarm, protect, LIFX, which makes connected lighting systems, has developed a feature that will make the lights throughout your home glow red when elevated levels of smoke or carbon monoxide are detected.

"When we first heard about the Nest Developer Program, we knew we wanted to be a part of it," said Phil Bosua, LIFX founder and CEO.

"Nest brings a whole other dimension to LIFX. Who would have thought by combining Nest products and LIFX products, we could help save lives?"

Goggle voice recognition
But this is just the start, Google voice integration will be coming later this year so that homeowners will be able to speak to all of their Nest-integrated connected devices and, of course, as more companies join the developer program, further features integrations and services will be announced. AFP

Value, quality define development

Barrhaven's newest townhomes released

Affordable quality homes in a quiet residential neighbourhood with an abundance of amenities close by and easy access to downtown in a new home is why Mattino Developments has enjoyed so much success in Ottawa and Quebec since the 1980s.

Mattino's Longfields Central is their newest release of townhomes in Barrhaven. Nestled on an inside crescent off Longfields Drive and Mountshannon Drive, this vibrant new community is within a short walk to schools, parks, recreation and the Longfields transit station. Shopping, restaurants, entertainment, a sports arena, houses of worship and other amenities are within a five-minute drive.

"At Mattino, we emphasize quality, innovative design, attention to detail and customization," says Mattino sales representative Dabney Kuiack. "Our owner is on site every work day to ensure exceptional quality during the construction process and to provide excellent customer service."

"Longfields Central will feature all Energy Star homes. Our three- and four-bedroom freehold townhomes include mostly brick fronts with stone accents, nine-foot ceilings on the main level, open concept main floor plans, gourmet kitchens, a six-foot soaker tub in the ensuite bath and more.

CONTRIBUTED

Starting at $299,900, sizes range from 1,770 to 2,700 square feet, including the bonus finished basement family room. "For a limited time, we're offering bonuses of hardwood flooring on the main level, five appliances, ceramic flooring for all baths, kitchen and foyer, the finished basement family room, and Design Centre Bonus Dollars," adds Kuiack.

Visit the Longfields Central model home/sales office at 175 Claridge Dr. in Barrhaven.

PHASE 1 SELLING OUT QUICKLY

Whether you're single, a first-time buyer, downsizer or a young family, Mattino Developments' Longfields Central has a quality Mattino Home for you. Phase 1 is more than 40 per cent sold, but choice sites are still available. Visit the model home/sales office: 175 Claridge Dr. in Barrhaven, open 12-5 p.m. on weekends, 1-8 p.m. Mondays-Fridays. Visit mattinodevelopments.com. or call 613-440-3767.

LONGFIELDS CENTRAL
FROM $299,900
1770 SQ.FT.
FOR A LIMITED TIME
Mattino DEVELOPMENTS INC.
HURRY!
Phase I is over 40% sold!
CHOICE LOTS STILL AVAILABLE
New executive Energy Star 3- 4 bedroom freehold town homes nestled in an established residential area in Barrhaven. Walk to the Longfields Transit Station, schools, parks and recreation and shopping.
Take advantage of our limited-time bonuses. Visit our model and experience the quality of a "Mattino" built home. We have one for you!
ENERGY STAR
VISIT THE MODEL/ SALES CENTRE TODAY!
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ALSO AVAILABLE:
Mattino in Aylmer, 331 Klock Rd.
New Town homes from $219,900 – La Perle
(1400 sq.ft.) Call 819.684.7878
SALES CENTRE: 175 Claridge Drive, Barrhaven
Sat–Sun 12:00PM to 5:00PM; Mon–Fri 1:00PM to 8:00PM
613.440.3767

Get your red and white on

Value Village has everything you need for Canada Day celebrations, for less

Looking to show some patriotism this Canada Day?

You don't have to spend a fortune on brand new clothes or home accessories in red and white. Your local Value Village has all the quality used clothing and household items you need to do justice to the birth of our nation — or at least celebrate it in style.

The aisles at Value Village are packed with potential. Every Value Village stocks an ever-changing selection of about 100,000 items on the sales floor, and since 5,000 to 10,000 new items are added to the sale floor each day, there's always something fresh, whether you're looking for a one-time Canada Day outfit (red and white all over, of course), or something to treasure forever.

"At Value Village you can find clothing and accessories from many eras and designers in one place," explains Tony Shumpert, Vice President of recycling operations for Value Village. "Style is all about creativity and individualism, and keeping fashion interesting requires your imagination.

"In a traditional retail environment it's next to impossible to find such a diverse selection. We have so much to offer that it's hard not to find something good," says Shumpert. "It's a great way to discover that unique piece that nobody else has — we have some real gems."

You'll find that uniqueness factor in the housewares section just as much as you will in the clothing aisles.

Impress your friends when they come over for a Canada Day barbecue: make the cake batter in a mint green mixing bowl. Adorn your table with wheat bouquets in a vintage milk bottle. Carve your steaks with antler-handled steak knives. Serve your grilled meal on a fun mix-and-match array of plates.

"You never know what you'll find here," says Shumpert. "There's always something fun and interesting."

Visit valuevillage.com.

CONTRIBUTED PHOTOS

If you aren't using them...

In Canada, green is our way of life — not just because of our vast forests and grasslands, but because of the way individual Canadians have embraced the three Rs: reduce, reuse, recycle.

Be a part of the green movement this Canada Day: shop second-hand and donate your reusable clothes and household items at organizations like Value Village.

On average, each North American throws away more than 68 pounds of clothing and textiles each year. Buck the trend.

Nearly 100 per cent of used clothing is reusable or recyclable, so instead of tossing the items you don't need anymore into the trash, donate them.

Value Village is one of the largest recyclers of used clothing in the world – keeping more than 1.8 million pounds (that's 600 mid-size cars!) of quality goods from landfills each day by selling reusable items in-store and responsibly recycling items unsuitable for resale.

Last year, 329 million tops, 59 million pairs of shoes, 114 million pairs of pants and 28 million coats were repurposed.

Donating your reusable clothing and household items at Value Village is a win-win. Your items will be diverted from a landfill, preserving the environment and helping reduce greenhouse gas in the atmosphere that would result from its decomposition.

IT STARTED WITH PURPLE HEART THRIFT STORE IN 1954

Value Village has its roots as the Purple Heart Thrift Store, which opened its doors in 1954 in an old theatre in San Francisco's Mission District.

Much as the company has grown and evolved, but its values have remained constant.

"For 60 years our purpose has been to do well while doing good at the same time," explains Tony Shumpert, vice president of recycling operations for Value Village.

In that first store, Value Village founder William Ellison partnered with charitable organization the Military Order of the Purple Heart.

Within 12 years the company had expanded to stores across California, Oregon and Washington, and in 1971 the company moved its headquarters to Seattle.

In 1980, the company opened its first international store: Value Village on Hastings Street in Vancouver, partnered with the Developmental Disabilities Association.

The company quickly multiplied its Canadian locations, and today there are 125 locations across Canada, with more opening soon.

Celebrate
Canada Day & Save!

Thanks
for being a valuable part of our sixty thrifty years!

ValueVillage

Good deeds. Great deals.
www.valuevillage.com

Get your fancy weeknight dinner on

Stuffed Duck Breast with Marjoram Jus.

This dish offers a touch of sophistication that is sure to wow guests and takes just three steps

"If the stuffing isn't cooked before filling the duck breasts, this dish will require more cooking time, which will overcook the duck and toughen the meat," writes Jean-Paul Grappe in his book Basil, Thyme, Coriander and Other Herbs.

This dish can be served over fingerling potatoes, green beans and spinach.

Ingredients

Stuffing
- 2 oz (60 g) duck thighs, trimmed
- 2 oz (60 g) duck liver
- 2 slices of bread
- 1/4 cup (60 ml) heavy cream (35%)
- 1 egg white
- 1 tbsp potato starch or corn starch
- 1 1/4 cups (90 g) marjoram, chopped finely
- Salt and pepper

- 4 duck breasts, 8 oz (240 g) each
- Salt and pepper
- 2 oz (60 g) duck fat
- 2 oz (60 g) Armagnac
- 1/2 cup (125 ml) thickened store-bought demi-glace
- 1/2 cup (120 g) butter

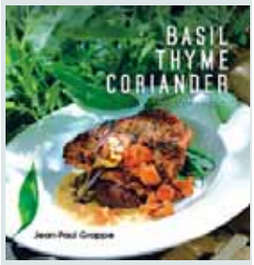
1. Grind the first six ingredients for the stuffing twice with a medium disc in a meat grinder. Add the marjoram, salt, and pepper, and mix well. Make 4 small rolls the same length as the duck breasts, wrap them in plastic wrap and tie the ends. Cook them in 212 F (100 C) water, for 5 to 6 minutes. Cool in cold water. Set aside.

2. Butterfly the duck breasts and season with salt and pepper. Fill with the cooked rolls of stuffing. Close and season with salt and pepper. Set aside. In a sauté pan, heat the duck fat and sear the breasts skin side down for 2 to 3 minutes. Do the same for the other side. Put a lid on slightly askew and cook on medium heat for 7 to 8 minutes. Remove the excess cooking fat from the pan and flambé the breasts in Armagnac. Remove them from the pan and keep warm. In the same pan, add the thickened duck stock and finish the sauce with butter. Adjust the seasoning.

3. Pour the sauce onto the bottom of the plate. Slice the breasts and serve on top of the sauce. **EXCERPTED FROM BASIL, THYME, CORIANDER AND OTHER HERBS BY JEAN-PAUL GRAPPE (FITZHENRY & WHITESIDE, 2014)**

Cookbook of the Week

A little herb goes a long way



In his book Basil, Thyme, Coriander and Other Herbs, Jean-Paul Grappe shines the spotlight on herbs by demonstrating how much they can enhance the flavour of a dish.

Included in the book are 20 herbs and their histories, therapeutic values and use in the kitchen. Among the specific herbs included are: dill, basil, chives, cilantro, bay, mint, mustard, sorrel, rosemary, sage, thyme and more. Recipes, meanwhile, include Vegetable and Chive Sauté, Pork Chops with Hyssop, Atlantic Tuna with Mint Butter, and more. **METRO**

This recipe serves four. PIERRE BEAUCHEMIN

KICK $6 OFF 24 BOTTLES
IN PLAY FOR A LIMITED TIME AT THE BEER STORE.
@CARLSBERGCANADA
That calls for a Carlsberg
PLEASE DRINK RESPONSIBLY.

NHL

L.A. Kings keep Gaborik

Left wing Marian Gaborik has agreed to a seven-year deal to stay with the Los Angeles Kings.

The Stanley Cup champions announced the deal Wednesday with Gaborik, who would have been an unrestricted free agent next week.

The Kings acquired the Slovak goal-scorer from Columbus on March 5, and he was an immediate hit. Gaborik scored 16 points in 19 regular-season games before leading the NHL with 14 post-season goals during Los Angeles' run to the title.

Gaborik scored 22 points in 26 post-season games with the Kings before raising the Stanley Cup for the first time in his 13-season NHL career.

THE ASSOCIATED PRESS

NHL

Pittsburgh hires new head coach

The Pittsburgh Penguins are turning to former NHL assistant Mike Johnston as the team's new head coach.

The Penguins introduced Johnston at a press conference Wednesday. He replaces Dan Bylsma, who was fired on June 6.

Johnston spent the past six years with the Portland Winterhawks of the Western Hockey League. He previously served as an associate head coach with the NHL's Los Angeles Kings and Vancouver Canucks.

Johnston leaves the WHL with a coaching record of 224-116-11-10.

THE ASSOCIATED PRESS

Redblacks set to rock CFL East

New franchise.
National capital's football team intends to play to win

Ottawa Redblacks' Chevon Walker, second left, celebrates with teammates Nolan MacMillan (66) and Matthew Albright (53) after scoring against the Montreal Alouettes during first-half CFL football action in Montreal last Friday. GRAHAM HUGHES/THE CANADIAN PRESS

The Ottawa Redblacks may be considered an expansion franchise, but they have no intention of playing like one.

Under the leadership of general manager Marcel Desjardins and first-time head coach Rick Campbell, the Redblacks believe they are a legitimate competitor in the CFL East Division.

"We, from the very get-go didn't want to think of ourselves as an expansion team; we just wanted to play like everyone else is, and that's just to play," Campbell said. "We have enough veteran coaches and players to do that.

"We knew we were playing catch-up with the other teams as we're not as established with who we are and what we're doing, but we didn't want to use it as an excuse. When it's time to play a game, we're going to play a game."

The Redblacks mark the return of CFL football in the nation's capital for the first time since 2005. In its prime, Ottawa was a successful football market, but poor ownership and a decreasing fan base led the city to lose its franchise, not once, but twice.

Now with a refurbished stadium and a committed ownership group, the team is set to resurrect football fever in Ottawa.

The players say they have no intention of letting the expansion label have any impact on their performance.

"We can't use that as an excuse," said offensive lineman Jon Gott. "We're all professionals and we came here to win and that's what we want to do."

One of the Redblacks biggest challenges early in the season will be developing an identity.

While a number of players have experience at this level, it still remains a challenge to come together as a team.

"The funny thing about us is we don't really know for sure what we will be as we don't have any past experience to draw on, so that's part of the fun part for us is finding our identity and what we're going to be about," said Campbell. "Obviously we're going to try to be good at everything and there's going to be things we're better at than others, but that all remains to be seen."

In addition to an identity, players will be dealing with the emotion of representing a new team and the pressure of posting that first victory.

With a bye the first week, the Redblacks don't open the season until July 3 in Winnipeg and players admit that first win will be looming in the back of their minds.

"We're football players and we're paid to win, so that first win will be big," said defensive back Eric Fraser. "We're all competitive guys and I don't play the game to lose, and once you're keeping score you always want to end up with more points on the board than the other team."

The Redblacks would ideally like a win in one of their first two games on the road to avoid the pressure of playing their first home game July 18 still looking for their first victory.

THE ASSOCIATED PRESS

Djokovic defeats friend and rival Stepanek

Novak Djokovic reaches for a return on Wednesday at Wimbledon.
BEN CURTIS/THE ASSOCIATED PRESS

The Centre Court match at Wimbledon featured only two service breaks, but wait, there was much, much more:

Novak Djokovic gave away a point to Radek Stepanek that could have been replayed following an over-rule on a line call during a crucial time in the match.

Stepanek cut his right knee on one of his dozen or so falls on the grass during the 3-hour, 17-minute second-round match Wednesday.

And on the final point of the match, a successful challenge by Djokovic on a call originally called out, with Stepanek getting down on his hands and knees in a prayer pose.

"I guess I hoped and I prayed that one time it will go with me," Stepanek said.

It didn't. Djokovic's forehand cross-court pass was ruled in after the video replay showed the ball landed on the line. Djokovic completed a 6-4, 6-3, 6-7 (5), 7-6 (5) win. The two players, good friends and frequent practice partners, hugged at the net.

The third-set tiebreaker featured each player winning five points in a row — Djokovic taking a 5-2 lead, only to have Stepanek come back to take it 7-5.

"I was two sets up, I had some break-point chances in the third and should have closed it out in the third-set tiebreak," Djokovic said. "But credit to him for fighting. He's 35 years old and still moving very well and surface-wise, grass is probably his most preferred."

THE ASSOCIATED PRESS

Right on time. Swiss find holes in Honduras' game with Shaqiri's hat trick

Xherdan Shaqiri scored all three goals Wednesday to put Switzerland into the second round of the World Cup with a 3-0 victory over Honduras.

The Swiss will next face Lionel Messi and Argentina on Tuesday in Sao Paulo.

Shaqiri scored his first goal in the sixth minute, dribbling into a crowd of defenders and curling a shot into the net off the underside of the crossbar. In the 31st, he collected a pass from Josip Drmic after a defensive error and easily beat Honduras goalkeeper Noel Valladares.

Shaqiri completed his hat trick in the 71st. Drmic did well to beat Honduras defender Victor Bernardez on the left and pass to a charging Shaqiri, who one-timed his shot past a diving Valladares.

Switzerland finished second in Group E behind France, which held Ecuador to a 0-0 draw in the other game. THE ASSOCIATED PRESS

Switzerland's Xherdan Shaqiri, bottom, celebrates with teammate Goekhan Inler after scoring one of his three goals in Manaus, Brazil, Wednesday. THE ASSOCIATED PRESS

Alleged bite. Disciplinary case opened for Suarez

Luis Suarez could become just as awkward for football's international organizers to handle as he has been for rival teams at the World Cup.

The Uruguay forward's alleged bite into the left shoulder of Italy defender Giorgio Chiellini in a crucial group-stage game has hit a raw nerve at a tournament which has been characterized by a high quality of football and entertainment.

The consequences of Suarez's bite — just before Uruguay scored the clinching goal to knock out the four-time champion Italians — will now test FIFA president Sepp Blatter's often-stated commitment to "fair play, discipline, respect."

In the early hours of Wednesday, FIFA announced it had opened a disciplinary case against the player. THE ASSOCIATED PRESS

Cashing in

Uruguay striker Luis Suarez's practice of biting opponents seems to be a safe bet. More than 150 people across Europe put money down that he would do it again during the World Cup, and raked in winnings 175-fold, a Swedish gambling company said on Wednesday.

Messi out of this world vs. Nigeria

World Cup. In final match of group play, global superstar takes his game to next level

Argentina beat Nigeria 3-2 in their last World Cup group match on Wednesday, with Lionel Messi and Ahmed Musa scoring two goals each before Marcos Rojo kneed in the winner.

Argentina won Group F while Nigeria also advanced despite the loss, becoming the first African team in the round of 16 in Brazil.

Messi had his best match of the World Cup so far, scoring twice in the first half to boost his tournament total to four goals, and repeatedly cutting up Nigeria's defence with dazzling runs and clever passes.

"We played against a team that wanted to play," Messi said. "I think we saw a good Argentina. We need to continue on this path."

The Argentina captain needed less than three minutes to finish Nigeria goalkeeper Vincent Enyeama's clean sheet in Brazil, slamming in the rebound after Angel Di Maria's shot bounced off the post. Nigeria replied within a minute as Musa cut in from the left and beat Sergio Romero with a curling shot toward the far post.

Nearing halftime Messi tested Enyeama with a 25-metre free kick that the 'keeper struggled to push to a corner. Having found his aim, Messi was ice cold when Nigeria gave up another free kick just moments later. This time Enyeama was stunned as the ball slipped in just inside the post.

"Messi is one of heck of a player, he's blessed. You can't take it away from him," Nigeria coach Stephen Keshi said. "Messi is from Jupiter, he is different."

Tens of thousands of Argentine fans had travelled to Porto Alegre for the match, taunting Brazilian spectators by singing "Maradona is greater than Pele" at the 44,000-capacity stadium.

The Brazilians booed and held up five fingers to remind the Argentines of how many World Cups they've won. Argentina has two. THE ASSOCIATED PRESS

Lionel Messi of Argentina celebrates scoring his team's first goal during its Group F match against Nigeria in Porto Alegre, Brazil, on Wednesday. PAUL GILHAM/GETTY IMAGES

Group F

Argentina	Nigeria
3	2

- Meanwhile, tragedy struck in Nigeria before the match, as an explosion rocked a shopping mall in the capital, Abuja, and police said at least 21 people were killed.

AUGMENTED REALITY

→ Scan this image with your Metro News app to view a gallery of the goings on at Day 14 of the World Cup.

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Draw books Ecuador a flight home

France's Lucas Digne trips Ecuador's Alex Ibarra in Rio de Janeiro on Wednesday. BERNAT ARMANGUE/THE ASSOCIATED PRESS

France drew 0-0 with 10-man Ecuador to advance to the second round of the World Cup on Wednesday, while the South Americans will be going home from the tournament.

Ecuador was down to 10 men at Rio's Maracana stadium after Antonio Valencia was shown a straight red card in the 50th minute for digging his studs into the leg of French defender Lucas Digne.

But Ecuador may feel upset that France centre half Mamadou Sakho was not shown a red card in the eighth minute when he appeared to elbow Oswaldo Minda in the face during a France corner. Then, in a late incident off the ball, France forward Olivier Giroud jabbed his elbow in to Gabriel Achilier, who was standing behind him.

France coach Didier Deschamps made six changes to his starting lineup, knowing his side was all but assured of advancing.

France came closest to scoring when Antoine Griezmann hit the post in the 47th and then missed a string of late chances. THE ASSOCIATED PRESS

Horoscopes

♈ Aries
March 21 - April 20
Don't stand back and watch life pass you by. Aries is a cardinal sign, meaning you have more drive than most, so there can be no excuses for not getting out into the world and making things happen. Go for it!

♉ Taurus
April 21 - May 21
The world is a wonderful place and what happens over the next 48 hours will remind you how much is possible if you have a positive outlook on life.

♊ Gemini
May 22 - June 21
You will get what you deserve today and tomorrow. If you have worked hard you will gain in ways that delight you, but if you have stayed in your comfort zone rewards will be limited.

♋ Cancer
June 22 - July 23
In a matter of days you will be doing things you hardly dared dream of just a short time ago. So much is possible for you now. All it needs is for you to be confident and be ready to act fast when the time is right.

♌ Leo
July 24 - Aug. 23
If there are any ill feelings between you and a loved one, you must sort it out over the next 24 hours. Yes, they can at times be a pain. But bearing grudges is always self-defeating.

♍ Virgo
Aug. 24 - Sept. 23
You will get the proverbial offer you cannot refuse today but if you are smart that is exactly what you will do. The planets indicate that there will be better offers coming your way before the end of the week — and lots of them.

♎ Libra
Sept. 24 - Oct. 23
Tomorrow's new moon will bring with it an opportunity to move up in the world, but it won't come for free. Is it a trade worth making? The fact is you cannot afford not to.

♏ Scorpio
Oct. 24 - Nov. 22
Some people complain that they never get the breaks but you know that's rarely true. What you get out of life has to be earned and over the next three days you'll find the more you give the more you get.

♐ Sagittarius
Nov. 23 - Dec. 21
Use your energy wisely today because if you waste it on trivial things you could pay for it tomorrow. Don't listen to what others say is important, listen only to your inner voice.

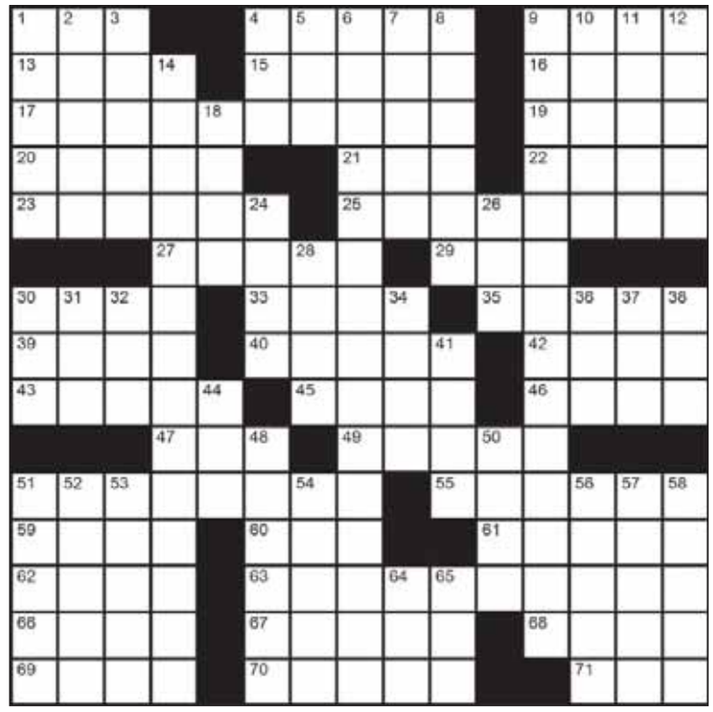
♑ Capricorn
Dec. 22 - Jan. 20
Take what happens today as a challenge rather than a setback. Everything that occurs in your life has a meaning behind it and a lesson to be learned. Fate is rarely unkind.

♒ Aquarius
Jan. 21 - Feb. 19
If you make a mistake today just admit it and move on. Life is a succession of tests and the powers that guide your life do not expect you to pass every one of them, at least not first time. You'll do better tomorrow.

♓ Pisces
Feb. 20 - March 20
The approaching new moon falls in the most dynamic area of your chart, so don't hesitate to take advantage of what happens over the next few days. Remember to use your energy wisely. SALLY BROMPTON

Crossword: Canada Across and Down

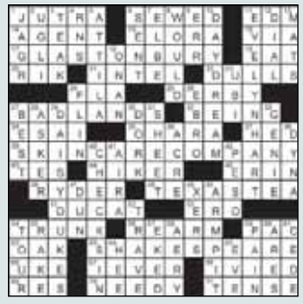
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Goldie, to Kate
4. "Why __ _ __ longer getting a signal?" (Satellite TV user's query)
9. Quick
13. Sarah McLachlan hit
15. Mil. mission type
16. Sailor's call!
17. Newfoundland folk tune: "The __ Soiree"
19. Hawk
20. Ils opposites
21. Vitality
22. Possess
23. "Dynasty" diva
25. Band for Canadian rocker Tom Cochrane: 2 wds.
27. Fennel-like flavour
29. Bolivia's leader Mr. Morales
30. Mountain lake
33. "Paperback Writer" bit: "Based on a novel by a man named __..."
35. Classic 'Degrassi' nicknamed character
39. Cargo platform
40. Madagascar animal
42. Cancel
43. Small role
45. Nero's 602
46. Australian band
47. Cloth
49. Empire of Mexico
51. Fans of Captain James T. Kirk's show
55. Real
59. Large, for one
60. Li'l sandwich
61. Western hit song for Canadian actor Lorne Greene
62. Canadian actress Ms. Matchett
63. Aria, for one: 2 wds.
66. Coup d'__
67. Canadian __ Company
68. Beach's blanket?
69. Dart
70. Avian abodes
71. Lefts opp.

Down
1. "__ _ wish!"
2. "Entertainment Tonight" host Nancy
3. Thousand: French
4. Evita's li'l land
5. Sea: French
6. "...and __ __ __ in the air..." - Joni Mitchell, "Both Sides Now"
7. "__ __ tells us!" (Finally that guys speaks!)
8. __ kick, as in football
9. __ __: The Pleasures and Perils of Dress in the 19th Century (Current exhibition at Toronto's Bata Shoe Museum)
10. Onward
11. Crack
12. MTM's 'T'
14. Three-time Mayor of Halifax who founded a still-existing-today brewery in 1820: 2 wds.
18. "Beauty __ the eye...": 2 wds.
24. Window part
26. Campers, commonly
28. Grape's inner
30. Cdn. place to buy stuff on TV
31. Alias indicator
32. Flange
34. Pablo __ y Picasso (b.1881 - d.1973)
36. Chicago's third-tallest building, __ Center
37. Cereal brand
38. Mr. Asner's
41. Ms. Moreno
44. Tree type
48. Guitar manufacturer
50. Beige
51. Tut-tutted
52. Lasso
53. Poet Mr. Pound's
54. Secretly wed
56. Open, as a cage
57. Broker
58. UK's House of __
64. Meal morsel
65. 'Street's Disciple' artist

Yesterday's Crossword



Sudoku

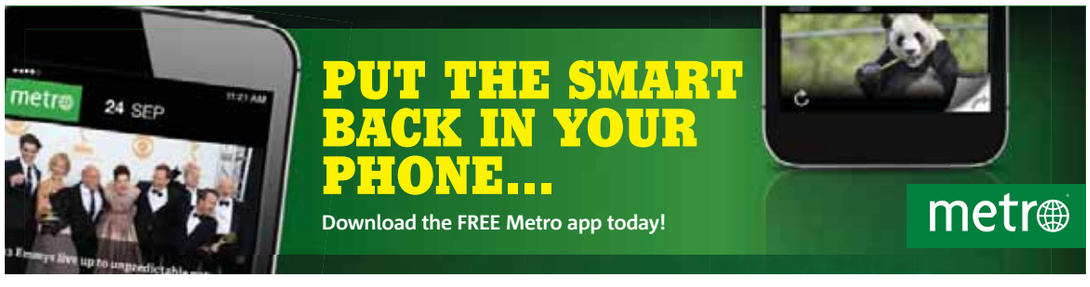
How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

4		3		9				6
			3			1		
		5			8		7	
		7					4	
		2	9		1	8		
	6					5		
	8		4			6		
		1			7			
5				2		7		3

Yesterday's Sudoku

2	4	6	7	5	8	3	9	1
8	3	5	1	4	9	7	2	6
1	7	9	2	3	6	4	8	5
4	1	2	6	9	7	5	3	8
6	5	8	3	2	1	9	7	4
3	9	7	4	8	5	6	1	2
7	6	4	9	1	2	8	5	3
9	8	1	5	6	3	2	4	7
5	2	3	8	7	4	1	6	9

Today
27°/14°
Partly cloudy
Friday
27°/15°
Partly cloudy
Know what the weather will be 14 days from now.
Check the 14 day trend.
TWN incorporates MSC data



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